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WINTER 2006











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Editorial

Looking forward to 2007

It is the end of the year and a traditional time for thanks to contributors and supporters of Barrow Voice. This year is no exception, so thank you to everyone who has written for the magazine, to advertisers for their financial support, to Mulberry Square for the layout and print and to the BV team, especially Laura and Hayley who have moved on and to Judith who works harder than anyone. It is also an opportunity to look forward to 2007.

If you are a new resident reading Barrow Voice for the first time, it is a chance to get to know what happens in the village and Barrow Signpost (see below) will also give you a valuable insight into this. If you are an existing resident, you may already know about the Parish Plan action groups and have a particular interest in what they are doing. This edition has exciting news about the Heritage Group, which has funding in place and definite plans for the future. Whoever you are, have a very Happy Christmas and we shall be back in the New Year.

Barrow Signpost is front page news - In the autumn edition we highlighted that a village directory and welcome pack were in production. After much discussion, we have named the information guide 'Barrow Signpost' and it is featured on the cover overleaf. This will form part of a welcome pack for new residents to the village and has details of what is going on in Barrow with contact details for all the entries. If you already live in Barrow you can see all the information at www.barrowsignpost.info or look out for fliers telling you where you can pick up a copy. I should add another thank you to everyone involved in creating the Barrow Signpost. We hope it will be a welcome resource to new and old residents alike.

Frances Thompson

News

"WHAT'S ON IN BARROW"

Another new idea from Barrow's Parish Plan will shortly be seen around the village. From February, you will be able to pick up a list of meetings, events and fixtures for the month. The sheets will be available, free, from the Library, the Paper Shop and the Post Office. If you want to know more about any of the items, you will be able to find contact details in Barrow

Signpost...either the paper copy or its website, www.barrowsignpost.info

If you are an organiser for an event, please leave details in one of the "What's On" boxes in the Library, the Paper Shop or the Post Office. Your event will then be included in the appropriate edition of "What's On".

When you are planning an event, we

would like to remind you that it is a very good idea to consult the Village Diary, which is kept in the Library. When you have decided on your date, enter the details which will then appear in Barrow Voice. This is the only way of avoiding clashes of events.

If you have any queries about "What's On", please phone Mike Morley on 01509 412982

School Dinners for Seniors.. with a (big) Difference

A very worthwhile new service is being offered to senior citizens by the Catering team of Humphrey Perkins High School under the leadership of chef Tom Edwards. Every Thursday during term time, the over 60s can enjoy a two course meal for £3.00 and it isn't going to be turkey twizzlers and chips or fatty stew and lumpy mash. The school now enjoys the facility of a restaurant with food of a very high standard sourced from local suppliers and cooked on site. Healthy Eating is very much on the menu at HPHS and the school has just gained Healthy School Status with 'flying colours'. The awarding body complimented the school and community centre on its commitment to healthy living, diet and exercise. In fact, HPHS did a Jamie Oliver before Jamie Oliver got going. And the Community is now benefiting as well.

The scheme started on the first Thursday of November when 18 Senior Citizens sat down in the Community Lounge to an excellent meal of roast pork with all the trimmings and steamed jam pudding. They then enjoyed a leisurely chat over a cup of coffee. And all for £3.00.

You have to book your meal by phoning the Restaurant on 01509 410828 at least the day before. If you want, you can arrange a special diet. The meal is then served between 12.00 and 1.00 on Thursdays and you can stay on after the meal for a sit and a chat if you want. Customers on that first Thursday were most enthusiastic, so phone now and sign up for a delicious Healthy Meal.

Judith Rodgers



New Heritage Group for the village (and funding!)

by Arthur Gardner

Many people responded to the Parish Plan survey by offering to help set up an Action Group dealing with heritage issues. By 'heritage' we mean all aspects of the cultural and physical environment of Barrow upon Soar (history, wildlife, archaeology, buildings, landscape, etc) which make it an attractive place to live and visit. I have been given the job of getting such a group started.

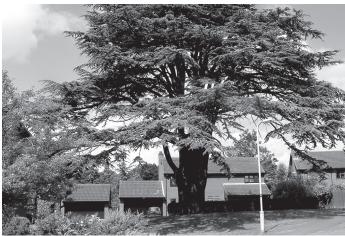
Barrow's heritage - interpreted in this very wide sense - is highly valued and received some of the highest 'scores' in the survey. It matters to us that we are surrounded by pleasant countryside, that we have access to parks and open spaces, that it is an attractive village. A lot of people want it made even more attractive. For example:

- * 75% want all traffic islands to be planted and maintained as nicely as Jerusalem roundabout
- * 72% say clean up the Soar Bridge/Barrow Deep Lock/Proctors area
- * 67% want more flower baskets in the streets
- * 63% want to develop a continuous park from Cotes Rd round to the Millennium Park when the Willow Way estate is built
- * 58% want car parking for visitors by the canal/river
- * 57% want more wildlife guides and 56% want more history guides
- * 56% want an A-Z street guide on display and as a leaflet
- st 42% want the Soar valley made into a proper 'countryside park' with a useable footpath/cycleway

The general point is that people are saying that this is an attractive place to live and they want it kept that way. They want their heritage protected and enhanced.

News





One important step we have taken is to create a heritage sub-group of the Barrow upon Soar Community Association. That may not sound like much. Its importance is that it gives us legal cover to apply for external funds for projects and insurance cover for activities.





Using that mechanism, we have just bid for and been awarded £18,425 to do four specific projects over the next two years: a guide to the archaeology of Barrow upon Soar; a guide to trees and shrubs; a guide to walks in the countryside; and a street guide with history. These will result in written booklets/leaflets/maps and an exhibition and a programme of talks to village organizations and pages on the village website and articles in the community newspaper.

In addition, we have undertaken to run two so-called 'capacity building' activities to help the specific projects and build skills for taking on a wider range of projects in Year 3 and beyond: training in digital image manipulation; and cataloguing the existing resources locally (public and private collections).

Also, we will use the Heritage Group to arrange open meetings to stimulate the current groundswell of interest. We would like it to cover the full range of heritage studies in the village, including those of the existing archaeology field walking group and the family history group. We have funds to get in expert speakers for our meetings but it would be interesting not just to rely on external speakers but to make time for the various study groups to keep us up-dated on their findings. That way we will encourage our own research and learn from each other. We hope to make the first meeting in January. Watch out for an announcement.

The 'grand plan' for Years 3 and beyond, I suggest, is to undertake specific projects in all heritage areas (eg booklets about the local landscape; the buildings and the development of the village; a social history of the village/oral history; and a history of local industries). I do not think we have enough volunteers to undertake these, now, as well as the proposed

specific projects so, being pragmatic, I suggest we tackle them later. A bid for grants to do these can be made separately in due course.

I realise that my interests have driven the agenda so far. For instance, I have not pushed for an active involvement in making the village look more attractive or for helping to keep it looking attractive. I assume that some of you will be more interested in those things than in the study groups that interest me. Fortunately, Luke Smith of the Parish Council has offered to act as co-ordinator for a series of projects aimed at improving the physical surroundings of the village. Thanks Luke.

Does any of this interest you? Do you want to be involved in any of these? At the time of writing we have about 20 people ësigned-up' to do one or more of the projects. That's enough to get started but it would be good to have more. The projects are open to everyone - you don't have to be an expert, just interested in local studies and willing to do something. The projects will take-up as much or as little time as you want them to.

If you want to get involved, here's who to contact:

Archaeology: Terri Davies (416206)

Countryside walks: Judith Rodgers (412063)

History of the streets and buildings: Kathryn Timmons (416168)

Trees and shrubs: Arthur Gardner (416204)

Manipulating digital images: Keith Chaplin (412196)

Existing resources: Arthur Gardner (416204)

Making the village more attractive: Luke Smith (413141)



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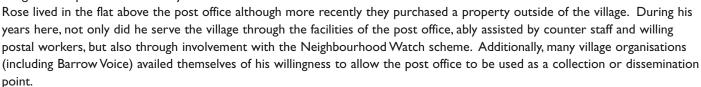
CANCELLED AND RE-ISSUED POST

It is with heartfelt thanks and great sadness that we say goodbye to our erstwhile sub postmaster Mike Ball and his wife Rose.

I recently caught up with him for a short review of his time here and spent most of the afternoon laughing at jokes and stories most definitely not suitable for publication.

Mike spent his childhood in Kidderminster then served 15 years in the Royal Air Force as an electronics fitter specialising in ground communications. During that period, he travelled with the job, particularly enjoying Singapore and Bahrain. Once he left the RAF, he became a civil servant in first the Ministry of Defence and then the Home Office.

Eleven years ago, Mike came to the village as sub postmaster. Initially he and



Mike was my introduction to Barrow as he rented the post office flat to us when we first moved to the village. He also employed me behind the counter where he kept me entertained with risque jokes and dry observations, plied me with coffee and made sure that I had a custard slice every Saturday. The thanks for all that he has done and the best wishes for a long and happy retirement after a long awaited hip replacement are therefore personal - I hope that you all can join in the sentiment with me.

Laura Hegarty





We welcome the Patel family to take over from Mike Ball

The two sub post mistresses are Mrs Daksha Patel and Mrs Sheela Patel. They are assisted by husband Ramesh Patel. At the moment, they live in Leicester but are hoping to move to Barrow as soon as they can. They really like it here and say that they have found everyone really friendly and welcoming.

Daksha and Sheela moved to Leicester from Zambia in 1975. Ramesh came over from India. They have lived in Leicester ever since. None of them has

ever worked in a post office before but all have relevant experience, Daksha working for Alliance and Leicester, Sheela in the NHS and Ramesh in retail. The first few days in the post office was quite traumatic but they are settling down well and feel much more confident now.

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Barrow's Autograss Racing Champion Bags Another Title

Fifteen year old Ashley Robinson has already won the East Midlands Autograss League; is currently top in the Nottingham League; came 13th out of 165 drivers in the National League; and in October he added the Autumn Showdown Series to his winner's trophies.

Ashley races an adapted mini on mud and clay tracks. He started when he was just 11 years old and it's in his blood. He learnt to drive in his uncle's field but his mum and dad also race. His father, Mick Robinson, of Robinson's Garage in Sileby Road Industrial Estate, helps him 'iron out the bumps' and keep his engine in order.

Ashley, who goes to Rawlins, told me about one of those 'bumps' which needed ironing out! Another car in a recent race clipped his wheels as they were turning a corner at speed. The car rolled and Ashley's harness came away. He hit his head on the roof of the car. Luckily, his crash helmet took most of the impact but he still ended up in hospital with concussion. He said that his mum, Deborah, slapped him - not because he'd had an accident but because she had been about to use the same car in her final and he'd wrecked it! (And i'm sure it was from relief at him being OK, as well). Deborah, herself, went on to take second place in her class - just one point behind the leader - at the East Midlands League this year.

Going out for a family spin takes on a whole new meaning for the 'Swift Family Robinson'.

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Arts

Props, prompts and leotards - news from the Panto Group



Barrow Youth Theatre

The latest productions from the Youth Theatre Group will be over by the time you read this but I hope you managed to get tickets for their fabulous double shows of Disney's Aladdin and Jungle Book. I have watched a few of their rehearsals, from what I've seen they appear to be great fun and with the commitment these young people have, they promise to be just as good as the last three of their shows. Thanks are due to Gordon, Carol and Lizzie the production team along with Bob, Jonno, Sue and Rose with their work and dedication with the scenery, props, lighting and costumes.

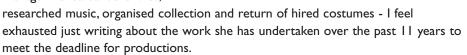
Meanwhile, there have been some changes regarding the adult group's production team. Sue Rodgers and Bob Mee have decided to step down from their positions after 11 years and 13 productions. Bob informed the group that Aladdin and Jungle Book will be the last events for him; he will be hanging up his drill and hammer for the final time after their last performance on November 18th. To coincide with Bob's decision, Sue has also decided to hang up her clip board and hand over the reins for this year's panto, Cinderella to a new team.

This gives me the opportunity to say a huge thank you to both of these stalwarts, from all members of the Panto group, young and old, past and present. Their contributions to all the group's productions have been invaluable and I would like to tell you about a couple of my recollections of these.

Bob always had a plan to overcome whatever problem, with scenery or props, presented itself. He has been backstage for every single performance, following the script, making sure props were where they should be, calming anxious members of the cast and deftly moving scenery as and when necessary. In my opinion one of the most amazing scenes he created was for the ballroom in the last production of Cinderella. I believed he used the lining from a marquee to create the effect for the arrival of Cinders in her sparkling pumpkin coach. Magic! Bob's skills and ingenuity will be sorely missed.



Sue's interpretation of scripts and her ideas for scene setting and costumes have been amazingly colourful and sometimes outrageous. On a personal note one of her most effective achievements was getting Ceri Fairbrother and myself to wear leotards. Initially I told her 'No way!' but she persuaded me it was the right thing to do. The result was fantastic as the audience thought it all absolutely hilarious. Sue has also written scripts, managed rehearsal schedules,



On behalf of the Panto group, thank you both. You will be a hard act to follow.



Make a note of the date in your diary now!





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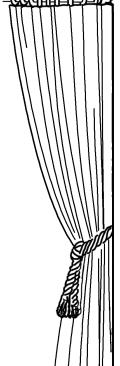
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Arts

AWARD WINNING BARROW YOUTH THEATRE SCORES ANOTHER HIT

Record audiences flocked to see Barrow Youth Theatre's latest production of a double bill of junior Disney musicals, Aladdin and Jungle Book. 700 people enjoyed the three performances on November 17th and 18th, as 38 youthful members gave their all in these two lively adaptations of the Disney classics. The Group was using the new sound equipment that has been purchased with money assembled from an impressive collection of awards and grants. The costumes were wonderful, the acting great, the singing full of gusto, and the whole event had a real buzz. Well done to the group!



Barrow Youth Theatre is the junior wing of Barrow Panto Group. Both groups are now hunting for scenery designers / painters and assistant stage managers for future shows including for "Cinderella" which will be produced by the Panto Group on March 9th and 10th 2007. If you can help us, please phone Judith Rodgers on 412063. You don't need to be skilled; all you need is a sense of humour and a willingness to join in the fun!

BARROW PANTO GROUP

presents

The annual family panto

CINDERELLA



All proceeds in aid of BUSCA (Barrow Upon Soar Community Association), a registered charity No. 505692

Competition

CINDERELLA

'Design a Programme Cover'

COMPETITION

Draw or paint a picture or a design that you think would make a good front cover for our Cinderella programme. There will be two age groups in the competition: under 7s and 8 - 11s.

The winner in each group will win a family ticket to go to Barrow Panto's newest production - Cinderella.

Post your entry to Val Gillings, 60 Beaumont Road, Barrow by January 5th. Include your NAME, AGE, ADDRESS and PHONE NUMBER.

We will phone you by January 10th if you have won this competition and your name will appear in the next edition of Barrow Voice.

The best entries will be displayed in the foyer at the performances and you might be asked to go up onto the stage!

The judge's decision is final and no correspondence will be entered into.

Cinderella Wordsearch

N	N	M	S	U	Y	S	D	P	U	U	P	R	F	R
P	F	0	-1	L	R	L	U	V	G	U	Y	Y	A	T
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В	R	G	H	C	A	0	C	A	\$	- 1	В	A	0	- 1
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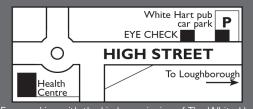
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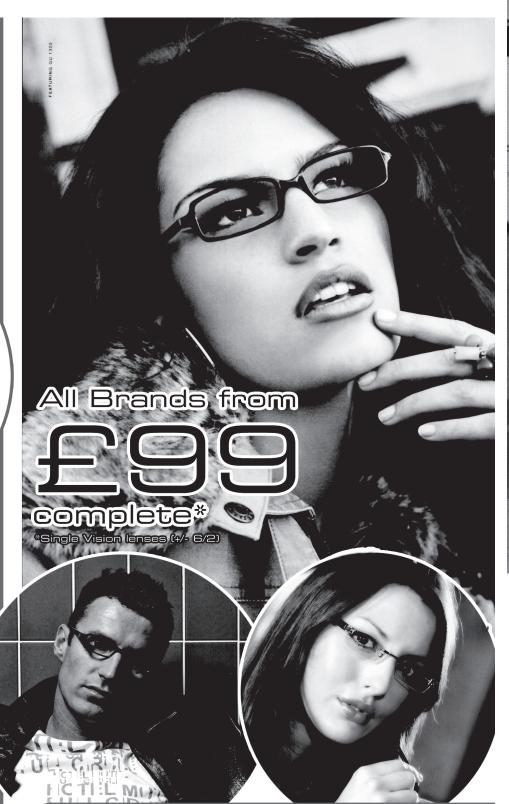
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Charnwood School of Dance and Drama held its 17th annual national dance festival over the autumn half term.

Dancers from all over England pirouetted into Barrow over half term for the Loughborough Autumn Dance Festival, part of the British & International Federation of Dance Festivals. Charnwood School of Dance has been hosting this annual event since 1989 and this year over 1500 entrants strutted their stuff on the stage at Humphrey Perkins High School in a variety of dance disciplines.

Principal of the school, Barbara Stephenson, was delighted by the quality of dance and high standard of performance shown during the week-long festival. Pupils of Charnwood School of Dance represented Barrow in ballet, modern, jazz and tap.

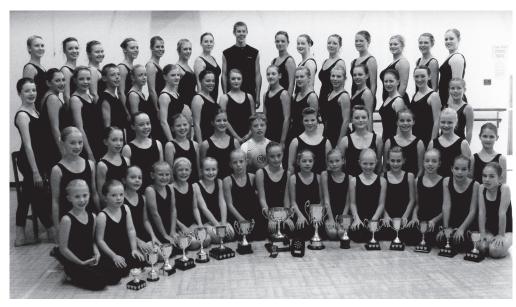
The school teaches the Royal Academy of Dance syllabus for ballet and International Society of Teachers of Dance for other dance forms. It's one of the few schools around these days to boast a pianist for its classes. Miss Stephenson and her five

teachers welcome all children and teach from beginners through to majors including teaching qualifications. They also offer an adult tap class.

Some pupils from Charnwood have gone on to careers as professional dancers. Ex pupil Gemma Lawrence is currently touring the USA with The Ray Charles Story and Tom Tansey, who trained at the school, has been appearing in the national tour of Seven Brides for Seven Brothers.

For more information about festivals, competitions or the dance school in general, contact Barbara Stephenson, principal, on 01509 412663.

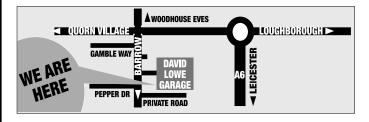
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Wednesday 10.45-11.45	Barrow on Soar Holy Trinity Church Rooms	Note: Please turn up from 10.45 to Discuss any Concerns		

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Monday 7-8pm, Thursday 6.30 - 7.30pm Humphrey Perkins High School Main Hall, Barrow

Wed 9.30 - 10.30am Holy Trinity Church Rooms, Barrow

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Barrow Youth

Barrow Action for Youth goes into Action!

Following on from the Parish Plan, and the Youth Report, a group was formed at the end of March to help further activities for older youngsters as requested from the young people and to explore ideas further with the young people, with a view to enabling young people themselves to address some of the issues.

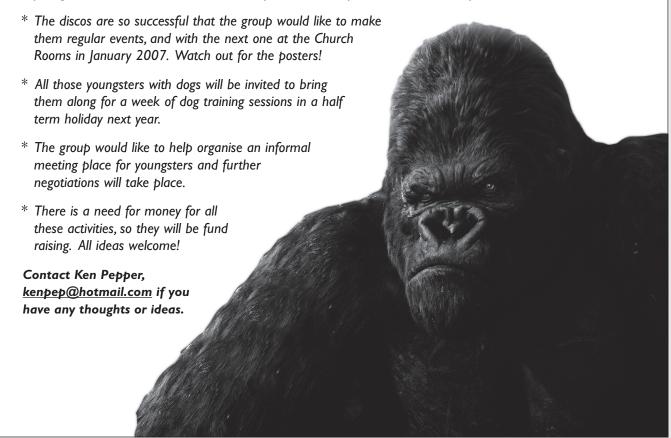
There are 10 enthusiastic adults with some younger helpers at the discos, working together so far, but more are hugely welcome of all ages. Contact kenpep@hotmail.com if you would like to join us, or just turn up for the meetings. The next meeting is at the Humphrey Perkins Community centre at 7.30pm pm Tuesday 16th January 2007. The group is supported by the Community Association and the Parish Council, the Police and the Youth Service.

Here's what has happened so far and what could happen!

- * A successful disco, run by Zen, held in June at Hall Orchard School
- * The Cinema screening of 'King Kong' at Hall Orchard School
- * The group had a stall at the Fun Day on the 6th August and also at the Charity Fair on the 30th September, where a further questionnaire and interviews were undertaken to engage with youngsters.
- * Following visits to assemblies at Hall Orchard School and Humphrey Perkins High School, a well attended disco, was held on the 14th October, at the Church Rooms, with many attending reporting it as 'brilliant'. The adults helping had an excellent time!

What's for the future!

* Involve youngsters more in the activities of BYAG! The next meeting is at the Humphrey Perkins Community centre at 7.30pm pm Tuesday 16th January 2007 and all are welcome, particularly youngsters, and the first half hour will be your time, and you can leave after if you want.



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UP TO

Seasonal

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Do you shop online?? Leicester Multiple Sclerosis Society based in Beaumont Leys, Leicester has launched a new online fundraising webshop www.buy.at/LeicesterMSSociety

The Leicester MS Society is asking its supporters to shop online at www.buy.at/LeicesterMSSociety and raise money for their branch at no extra cost.

Over 100 retailers are accessible through the webshop, including Littlewoods, Early Learning Centre, Mothercare, Marks & Spencer, John Lewis and RAC. Many retailers provide exclusive offers to the webshop, such as discounts or offering free delivery to the customer, providing more reasons for supporters to buy products through the webshop. The webshop is straightforward to use and no technical knowledge is required.

Jane Tindle who regularly attends this branch of the MS Society says: "The webshop facility is such a simple but effective idea. We receive a commission on each purchase you make. Donating to our organisation couldn't be easier!" 'So with Christmas coming up, why not shop online for your books, CD's and DVD's, through Amazon, CD Wow, buy a new telephone through Carphone Warehouse, book your holiday with Haven, Butlins, Portland, Hoseasons, DFDS or Thomsonfly. All of these retailers belong to this scheme. You could also change your power supplier, check out Switch and Give, Scottish Power or Powergen.

As you can see there are many well known companies taking part and as long as you buy through our webshop www.buy.at/LeicesterMSSociety you can help others in the process.'

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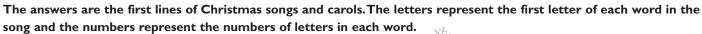
If you would like to order your manure, make a donation or request further information on how the charity gives fresh starts and brighter futures to communities, please ring Diane on 01509 812575





Seasonal

CHRISTMAS QU



For example: RTRNR = Rudolph the Red Nosed Reindeer

73358

The answers are on page 23.







I. ITBM-W	2353-6	II.WSWTFBN	5975625	21.WSGSUTC	4535237
2. GKWLO	44963	12. SNHN	6545	22. OTFDOCMTLSTM	235429244422
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6. MHABYL	431434	I6.WTKOOA	255263	26. LLTTC	66445
7. OIRDC	42564	I7. BTTABTD	4373434	27. CTTMPPPP	44425333
8. DTTS	7734	18.TFNTADS	3563633	28. GABLYT	534544
9. OLTOB	16429	I9. LDLDOTDR	66662354	29. AFTROG	643625
I0.WWYAMC	253159	20. ICUAMC	244185	30. GATIOAM	2342218















Seasonal

Luigi Garincha's Porchetta

Itsa tuscan Christmas roast pork to warma your belly

Serves: 8

Ingredients:

I \times 3-4kg loin of Pork, on the bone with the belly removed and the ribs partially cut away so that the loin can be lifted back to reveal the ribs, but sits back on the ribs to show the skin which your butcher will happily score for you

- 4 tablespoons of Fennel seeds
- 3 small dried chillies, crumbled
- 3 tablespoons of rock salt, crushed

A few bay leaves, crushed

- I lemon, zested and halved
- 3 chestnuts or a handful of pine nuts

A handful of dried cranberries

Olive oi

Sea salt and freshly ground black pepper

- 2 sticks of celery, washed and chopped
- 2 carrots, washed and chopped
- I onion, peeled and chopped
- I bulb of garlic, broken into cloves, unpeeled

A dozen sprigs of rosemary, with the leaves picked

3 glasses of Italian white wine Half a litre of chicken stock



Method:

- I. Make your oven as hot as it goes
- 2. Grind the fennel seeds, chillies and salt to a fine powder, then grind in the bay leaves and chestnuts
- 3. Mix in the lemon zest and cranberries
- 4. Lifting back the loin from the ribs, smother the pork meat with the mix
- 5. Sit the meat back on the ribs and place skin side up in a roasting tin
- 6. Drizzle a little olive oil over the skin and season with salt, rubbing it into the scores
- 7. Now place it in the oven, close the door and turn the oven down to 180c/gas 4. By starting with the higher heat you will have belissimo crackling, then by turning the heat down the meat will cook slowly and stay moist.
- 8. Roast for about 2.5 to 3 hours
- 9. Sit down relax, drink a glass of italian wine and listen to Mario Lanza's Christmas Hits
- 10. Once Mario has finished both sides, throw the rest of your ingredients except the stock into the tin and mix with the fat from the pork
- II. Once the pork is cooked remove it from the oven and leave to rest for 20-30 minutes
- 12. Pour the stock into the tin with the veg etc and mix to give a light gravy
- 13. Cut the meat away from the ribs, hide the ribs from the bambinos and save for a feast on another day
- 14. Slice the porchetta and serve with Parmesan coated parsnips, sweet potato mash and my special Californian Brussels

Ciao Momma.

20. It Came Upon a Midnight Clear

18. The First Noel the Angel did Sing

21. When Santa Got Stuck up the Chimney
22. On the First Day of Christmas My True Love Said to Me
23. Hark the Herald Angel Sing
24. Oh Come Oh Come Emmanuel
25. All I want for Christmas
26. Lullay Lullay this Tiny Child
27. Come They Told Me Parum Pum Pum Pum
28. Girls and Boys Leave Your Toys
29. Angels From the Realms of Glory
30. Go and Tell it on a Mountain

12. Silent Night Holy Night
13. All I want for Christmas Is My Two Front
14. God Rest You Merry Gentlemen
15. Are You Hanging Up Your Stocking on the Wall?
16. We Three Kings of Orient Are
17. Blow the Trumpet and Bang the Drum
17. Blow the Trumpet and Bang the Drum

19. Little Donkey Little Donkey on the Dusty

In the Bleak Mid-Winter
 Good King Wenceslas Looked Out
 Sleigh-bells Ring, Are You Listening?
 The Holly and the lvy
 Oh Come All Ye Faithful
 Oh Through The Lord
 Once in Royal David's City
 Once in Royal David's City
 Oh Little Town of Bethlehem
 Oh Little Town of Bethlehem
 Oh Little Town of Bethlehem
 U.Weile Shepherds Watched Their Flocks
 II.While Shepherds Watched Their Flocks
 By Vight

Answers to Christmas Quiz

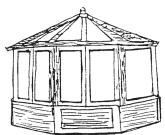
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Feature





Table for Two

Red peppers, white peaches and purple potatoes were just some of the things on offer when our resident foodie sampled a local menu from this Wymeswold pub.

The Hammer and Pincers is a modern pub and dining rooms, smartly decorated in a melange of creams, browns and assorted woods (including tables handcrafted by family members), in pleasing contrast to its oak beamed setting. Modern artwork and sculptures, sourced from Germany and available for sale, complement the sophisticated but welcoming atmosphere.

Service is efficient and friendly, as you may expect when both owners are Savoy trained with additional experience gained in London, Switzerland and the South of France. Operating under an ethos of using the best ingredients, especially local produce, it is no surprise that many local people return repeatedly to sample the delights on offer.

Whilst pondering the menu we nibbled on homemade bread, including a fabulous date and walnut selection. Later we were pleased to hear that loaves are available for sale; just one of a number of food related businesses that this husband and wife team offer.

Starters included tuna sashimi, cucumber and coriander lime salad with wasabi soy dressing - fresh, light, unusual, tantalising and tangy for the taste buds - and chicken baked in Parma ham, roasted red pepper and potato salad - a perfect summer dish that was refreshing and, as all dishes here, extremely well presented - a definite feast for the eyes.

For my main course I was overjoyed with my lamb best end, Provencal vegetables baked with goat's cheese and an olive jus. The meat - tender, pink in the middle and flavoursome throughout - came from the local butcher and the vegetable and goat's cheese combination was a revelation with the salt tang of the cheese contrasting perfectly with the satin textured vegetables. The accompanying miniature potato cakes added crunch and heft, whilst the olive jus was subtly flavoured. My companion's gilt head sea bream with mascarpone leeks with pancetta and crushed minted peas was another triumph. The fish was expertly cooked, the minted peas were garden fresh and the mixture of leeks with mascarpone and pancetta beautifully proportioned. The purple Peruvian potatoes that finished the dish added contrast and proved a great talking point.

We were spoilt for choice with desserts, but in deference to the heat, we both ended up choosing from the wide range of home made ice creams and sorbets. I selected ice creams of pistachio, cinnamon and butterscotch. All delicious, but my companion's choice of sorbets yielded the star of the show, the spectacular white peach, as well as loganberry and mango.

Fragrant coffee accompanied by heavenly handmade chocolates rounded off the meal and we were pleased to see that for our next visit we could choose from the regular lunch or dinner menu, a grazing menu (seven smaller courses), Sunday lunch, Saturday brunch or a first service menu. Definitely something for everyone.

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Bygone Barrow



THE BARROW 'KIPPER'

The kipper or Plesiosaur (Plesiosaurus macrocephalus) fossil was found in Barrow upon Soar in 1851. Workmen digging in a lime pit near the village unearthed the four-metre reptile.

Village heritage warden Arthur Gardner said "It was an extraordinary find. This prehistoric marine reptile lived approximately 150-200 million years ago and was common in Leicestershire. Nicknamed 'The Kipper' the skeleton which was almost complete, was of a reptile which lived rather like a seal in warm seas which used to cover this whole area. The best way to describe it is like the Loch Ness monster".

The Kipper became the village emblem in 1953 when the then head teacher of Humphrey Perkins High School created two plaques with the plesiosaur image. One of these is on the traffic island, known as 'Jerusalem' at the bottom of the High Street and the other is at Barrow Cricket Club. Barrow upon Soar has adopted the Kipper as its emblem and features on the Parish Council offices as well as many local publications.

From 1840 to 1900 the village must have been a most exciting time for discoveries. Numerous large fossils were found when digging for limestone. Private collections were soon established and many items found their way to the Natural History Museum in Kensington, London, several of which are still on view to the public today.

The plesiosaur fossil is on display in the New Walk Museum in Leicester and a model of it can be walked over in Charnwood Museum, Granby Street, Loughborough.

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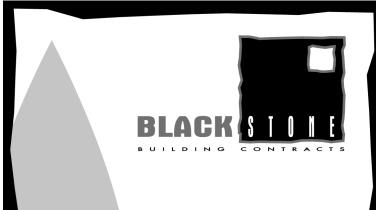
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Bygone Barrow

BARROW KIPPER - Part 2

Barry Wilford adds some fascinating background to the origins of the kipper and highlights an important anniversary.

The idea for the village sign was indeed the brainchild of Mr T G Wilkinson, headmaster of Humphrey Perkins from 1929-55. A door to door collection was organised to provide a memorial to commemorate the coronation of Elizabeth II in 1953. As insufficient funds were raised, various events were held, one being a concert entitled 'Bran Tub' organised by Barrow Senior Scouts and staged at Humphrey Perkins on 29 January 1955. About 200 people saw a fine show with guest artists Bernard Payne, Maureen Sheehan, Ivor Roach, Austin Whipp, Louis Pinierd, Dave Holland, Michael Pipes and the Humphrey Perkins School trio. The backcloth for the show featured the Plesiosaurus fixed to a wooden post - it can be seen clearly on the photo.

In 1953 the Senior Scout Troop had in their midst an artist by the name of Derek Peach. Derek designed a pennant for the District Scout Venture Badge course, held at Hicklings, Quorn Fields farm in June 1954. It featured a yellow plesiosaur on a maroon background and I am sure there are still some of them surviving.

Peter Clarke, another Senior Scout, took one of the pennants to school where it was noticed by Mr Wilkinson; he took the design to the Parish Council and as they say, the rest is history. The village sign was finally installed in 1957 and so next year is the 50th anniversary.

Barry continues with a story of true love, with its focus on Jerusalem Island.



The vicar and the girl from Jerusalem

The Reverend Richard Gwatkin was a man with ample private means and the vicar of the parish from 1832 to 1854. He devoted the greater part of his stipend to good works in the village. He fell in love with a village girl, one of his Sunday School teachers. She lived at the house that once stood on Jerusalem Island. The vicar sent his fiancee away for two or three years to complete her education.

In 1836 the wedding took place of this middle-aged clergyman and his young bride, the daughter of a lime worker. Deep resentment was felt in certain circles and a few houses were closed to the vicar and his wife. In due course a pointed reference to the match appeared in the local paper, which was answered by a very clever and scathing poem. In spite of these isolated irksome trials, the Gwatkins remained in Barrow for 18 years, gaining the respect of the vast majority of the villagers, proving that love conquers all.





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Bygone Barrow



THE CEMETERY CHAPEL

The Burial Board was formed in 1893 when the then Church Wardens were given notice of the churchyard closure.

Its seven members searched the Parish, and the Cotes Road land was purchased from the Hospital Charity. The cost of the Cemetery grounds and Chapel was £1,700.00. In 1894 the first Parish Council was elected and the Burial Board was transferred to it in 1895. The Cemetery was dedicated on 30 March 1895 and the first burial of Mrs Fanny Jacques took place on 21 April 1895.

The care and maintenance of the Cemetery Chapel and Grounds remain in the hands of the Parish Council and it was decided to light, heat and decorate this lovely Victorian building to bring it back into use for our parishioners.

The chapel is open several times a year including Easter Sunday, Mothers Day, Fathers Day and Remembrance Sunday. If you get the chance to go inside it is well worth a visit. There is also a visitors' book to sign.

Jane Tindle



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Opening times

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> 5 Woodgate, Rothley

Tel: 0116 230 2638

Village Life

Won't you come over and play???

No.... not with Little Sir Echo but with the members of the Barrow Belleplate group. We meet every other week and have a great deal of fun and fellowship learning to play new, and practising old familiar tunes in wonderful harmony with each other. (Actually we sometimes go wrong and the results can be hilarious, but we usually get there in the end.) Each bellplate (just as with traditional bells) plays only one note and the player holds one belleplate in each hand and plays their own notes as indicated.



I have only been a member for a relatively short time, but I love the sense of teamwork and the lovely sounds that we produce. It is a real pleasure to be part of something which can sound so wonderful.

The real beauty of this is that you don't have to know music to play. It is a bit like painting by numbers - but it is playing by numbers - so anyone can learn in quite a short time (I did!).

The group is led by Joan Thursby and we meet in the coffee lounge of the Methodist Church on North Street every other Monday evening.

For various reasons - illness, house moves etc. the group now needs one or two new members. Don't be shy - if you would like to know more about this group and would like to see and handle one of the belleplates then phone the number below.

Think about it!!!

We'd love to see you!!!

Men and women equally welcome!!! Jan Hind

CONTACT: Joan Thursby 01509 412467 if you want to know more or to see a belleplate before you decide.

LOROS appeal 2006

Once again the village has responded most generously to the house to house collection. The excellent sum of £2,564.64 has been collected; this will be increased to the grand total of £2,781.98 when £271.34 is reclaimed from the Inland Revenue through the gift-aided donations.

Our thanks go to all who have contributed and to the wonderful team of 64 collectors, who gave their time so willingly: without all this support nothing would be achieved. It is good to know that everyone at LOROS appreciates greatly the village's wonderful contribution.

Rosemary and Michael Sholl

Barrow's new Bereavement Support Group

This autumn, a new counselling service has been set up by a group of volunteers in Barrow. They offer a listening service and counselling for all those who have been bereaved. It works along side the national organisation CRUISE.

Meetings are held at the Methodist Church Hall on the first Monday of each month from 2.00 - 3.30pm. We know that Christmas can be a particularly difficult time and new comers will be made very welcome.

If you would like to know more, you can contact any of the following: Jane Carter on 01509 812302,

Barbara Mitchell on 01509 412534 or Pauline Ranson on 01509 416928.



ADVERTISING RATE CARD AUTUMN 2006



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Barrow Voice is published by Barrow upon Soar Community Association. Opinions expressed are not necessarily endorsed by the editorial committee or the Community Association.

Barrow Community Association is a registered Charity No: 505692.

We publish 2,700 copies quarterly and deliver FREE to all households in Barrow

In each issue....

The Latest Village News Items

Last Minute Village News

Reports On Issues Affecting People In The Street - Young & Old

Articles With A Historical Perspective

The Latest Community Events

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Diary of forthcoming Events

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INDEX TO ADVERTISERS

					/
BUILDING Blackstone Building Contracts	PAGE 28	GARDENING AND LANDSCAPES Charnwood Trees	PAGE 30	Roger Marlowe Ltd (servicing sewing machines)	12
lan Bruce (Builder) Kee Construction P N Z Plumbing K.E.Quail (Building Contractor)	12 2 30 6	Martin Tree Care James Muston Fencing Scenic Landscapes	6 12 26	MOTOR David Lowe Garage Services Tony Neal (Motor vehicle repairs)	PAGE 18 6
Royal Construction Services Stuart Timson (Maintenance, joinery,	24 30		PAGE	Robinsons Garage	26
building, roofing, glazing) N. Townend Ltd. (Windows, Doors & Conservatories) Valley Services (Midlands) Ltd Versatile (Tiling) John Wilford (Joinery Services) SJ Wilkinson (Building and Joinery Contractor)	24 2 28 26 8	Anne Whitfield Mobile Beauty Therapist Beauty Bug (mobile Beauty Service) Eye Check G3 Marie Elliott (hair and beauty) Health Screening (health and food-sensitivity testing) La Coiffure Pilates Matwork and Tums and Bums	28 24 16 8 18	OTHER Adrian Speight Holiday Accomodation Barrow Playgroup Cherry Wessel (oil therapy for animals) G.A.Gamble & Sons of Quorn (Funeral Directors) Holiday cottage to let	PAGE 12 20 8 6
ELECTRICAL Grove Electrical Services Dave Mitton Electrics and Alarms Bill Perkins Electrical Ltd Mark C.Walton (Electrician)	PAGE 8 6 28 26	(Donna Maclean) Quorn Judo Club Soar Valley Dental Practice Stones (Hair & Beauty) Julie Tolton (Chiropody)	26 18 10 20	Holy Trinity Church Rooms Immediate Income (Network Marketing) Ian Bursill Photography Ian Knowles Computer Consultancy Loyal Taxis Park Hill Golf Club	24 12 22 24 6 32
FINANCIAL AND LEGAL Alliance & Leicester plc Central Business Services Positive Solutions (Financial Services) Ltd	PAGE 2 20 6	HOUSEHOLD DCI Kitchens Ltd Glynne Wildbore (Domestic Appliance Repairs)	PAGE 10 24	Ted Rogers Labour Party Christmas Greeting Templars The Paper Shop	26 32 2
FOOD AND DRINK The Anchor Inn The Greyhound Inn, Burton A.J.Hubbard (Family Butcher) Cakes for all Occasions River Nene (Organic food delivery)	PAGE 10 2 24 28 30	lan Hurst (Exterior and Interior Decorator Maycroft Soft Furnishers Merlin Carpet Magic Mike Collins (kitchen and bedroom installation) Molly Maid	26 12 12 24 30	Sykes Jewellers Wartime Leicester Wash 'n Waggs Mulberry Square Ltd	12 8 12 26 PAGE 20
		Morgan' s Pine Philip Marshall Upholsterer	18 30	20W.H.Graham & Son (T.V.Video & Audio) Wallis Video Services	

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Village Life

All proceeds to Barrow Community Association

A VALENTINE'S

EVENING

aturday February 10th

at Humphrey Perkins Community Centre Bar opens at 7.00 for 7.30pm start

Bring your loved one to enjoy a celebration meal in the ambience of soft lights and sweet music. Then listen and dance to the gentle music of Richard and Carole in "Just Us".

Tickets: £15.50 from The Paper Shop, Sue Rodgers (416533), Betty Turner (416185) or rodgers_david@hotmail.com



Barrow Upon Soar Community Association

BUSCA Events - Dates for your diaries

December 2nd	Switching on of Christmas lights and street market
December 31st	New Years Eve Ball with champagne at midnight

2007 Dates

February 10 th	Valentines dance
March 9th & 10th	Panto Group perform Cinderella
March 24 th	Spring dance

Village Diary

	Fri 1st - Sun 3rd	Christmas Tree Festival; Holy Trinity Church	
BARROW	Sat 2nd	Methodist Church Christmas Minimart and Coffee Morning; 10.00am	
www.barrowvoice.co.uk Barrow Voice is published by		Switching on of Christmas Lights and Street entertainment; starts 4.15pm with children singing and playing at Church (Road closed from 4.00pm). Lights on at 5.00pm	
Barrow upon Soar Community Association. Opinions expressed are not necessarily endorsed by the editorial committee or the Community Association.		Barrow Churches Together: 'Simeon' a Christmas Musical by Roger Jones; Community Centre, 7.30-9.00pm. Tickets: £5.00 or £2.50 (concessions). Under 16s free with a free ticket; from The Paper Shop.	
Barrow Community Association is a registered Charity No: 505692.	Mon 4th	Holy Trinity Men's Group: Christmas Dinner at The Three Crowns	
Our Team ^{Editor}		Bereavement Group: Methodist Church Hall, 2.00pm.	
Frances Thompson - 414068 editor@barrowvoice.co.uk	Tues 5th	Parish Council meeting; Parish Office, 7.15pm, all welcome	l,
Advertising Judith Rodgers - 412063 advertising@barrowvoice.co.uk Distribution	Wed 6th	Gardening Club: AGM and Party Night; Community Lounge, 7.30pm, visitors welcome	L ()
Steve Morris - 412962 distribution@barrowvoice.co.uk	Fri 8th	Baptist Luncheon Club	Ī
Churches John Thursby - 412467 Community David Rodgers - 412063	Sat 9th	Clock Club Jumble Sale; Church Rooms, 10.00-11.30am, remains go to Barnardos	=
Arts Karisa Krcmar - 412184 Subscriptions Ann Higgins - 412746	Mon 11th	WI: 'A second slice of Christmas' by Mrs F Austin; Bishop Beveridge Club, 7.30pm	
Features Ginny Willcocks	Tues 12th	Neighbourhood Watch; Cons Club, 7.30pm	
Judith Rodgers Laura Hegarty		Bishop Beveridge Club Carol service 2.30pm	
Val Gillings Photography Judith Rodgers	Sat 16th	Holy Trinity Church Coffee Morning; Church Rooms, 9.00-11.30am	
Advertising Artwork James Thompson website@barrowvoice.co.uk	Sun 31st	BUSCA New Year's Eve Ball; Community Centre, 8.00pm. Tickets from the Paper Shop	ę
Artwork & Print www.mulberrysquare.tv 08701 420430	Sat 6th	Methodist Church Mini Mart & Coffee Morning; Church Hall, 10.00am	
Advertising Deadline	Tues 9th	Neighbourhood Watch; Cons Club, 7.30pm	E
24th January 2007 Copy Deadline	Sat 3rd	Methodist Church Mini Mart & Coffee Morning; Church Hall, I 0.00am	-
31st January 2007 Copy to: The Editor 17 North Street Barrow upon Soar Leics LE12 8PZ editor@barrowvoice.co.uk	Sat 10th	BUSCA Valentines Ball; Humphrey Parkins Community Centre, 7.30-11.30pm. Bar opens at 7.00pm. Tickets £15.00 including a special romantic meal and bubbly. Available from the Paper Shop or 01509 416533.	EBROANT

For those of you who are missing out - My favourite 'Mulled Wine' Recipe

Makes

4 glasses

Scottish Isles Mulled Wine

Ita warms your outer hebrides!

Ingredients:

750ml Red wine

50ml Sherry

2tbls Clear honey

Itsp Ground all spice

1/2tsp Grated nutmeg

Dessert apple studded with 10 cloves

Method:

- Bake studded apple for 10minutes.
- 2. Pour wine and sherry into a large saucepan.
- Stir in the honey, all spice, nutmeg and the 3. studded apple.
- 4. Bring to the boil, stirring occasionally.
- 5. Simmer for 10 minutes.
- Serve hot straight from the saucepan.