# Saffo W Www.barrowvoice.co.uk











# **Robinsons Garage**

Unit 4M, Sileby Road Industrial Estate, Barrow-upon-Soar Tel: 01509 814884 07798 910761 www.robinsons-garage.co.uk



**MOT & SERVICING to all makes** 

Sales - Service

**MOT** - Repairs

**OPENING TIMES:** 

Mon-Fri: 8.00 - 5.308.30 - 12.00Sat:

For fast, friendly and efficient service contact

01509 814884 Mick Robinson on 07798 910761



If you are looking for an alternative to residential care or extra support for those everyday tasks that are becoming difficult for you or a loved one – then we're here to help - **from** 30 minutes per week to full time Live-in Care.

Our **Loughborough care team** has been providing award winning quality homecare since 1989 and can help with: personal care, housekeeping, help getting around or even to provide a break to an existing family member or care-giver.

To find out how we can help, call: **01509 860 135** or visit: www.helpinghands.co.uk



# Activity4all

Physiotherapy and Sports Injury Clinic, 26 High Street, Barrow Upon Soar

Adult and Children's Physiotherapy

Sports / Post op / Functional Rehabilitation

Biomechanics correction

Joint Pain and Stiffness? Back and Neck Pain? Repetitive Strain Injury?

Muscle Spasm? Sporting Niggles? Bad Posture? There is no need to be in pain.

Chartered Physiotherapists, Health Professions Council Registered

Call: 01509 414 581 for advice or an appointment.

# The mind is amazing...

Hypnotherapy can help with:

- Anxiety, stress & relaxation Sleep problems
- Phobias & fears
- Behaviours & habits
- Confidence & goals
- Stopping smoking
- Weight issues
- Pain management

Want to find out more? Would you like me to talk to your group?

GHR

**Contact Penny Harris** Dip.Hyp (LHS) GQHP (GHR)

Telephone 07581 515 141 enquiries@innerthoughts-hypnotherapy.co.uk www.innerthoughts-hypnotherapy.co.uk







# INDUSTRIAL • COMMERCIAL • DOMESTIC





# DAVE MITTON **Electrical Ltd**

www.davemittonelectrical.co.uk



RENEWABLE

THERMAL

# **Editorial**

Whether we have a hot summer this year is a fingers-crossed affair but there's no uncertainty about this summer in Barrow being a busy one. Barrow opens its gardens (BOG) on June 24th and 25th and the Summer Street Market fills the village with stalls on July 9th. BOSCAPS, the children's summer play-scheme, will run from August 7th to 11th, from 9-30 to 12.30, at Humphrey Perkins School and anyone who missed the enrolment evening can enrol on the first morning - Monday August 7th at 10am.

But what about the past? Would you like to look back to what happened in Barrow last year? You can by simply going to www.barrowvoice.co.uk and clicking on 'Yearly Photo Gallery' which you find under the heading 'Other Links'. A double click and pics from 2016 appear like magic! This is a new venture, very much in its early stages, but which the developers hope to improve upon. They have started collecting photographs from public events held in the village this year. Have you got any good photographs you could contribute? If so, please send to Helen Sadler at hesadler17@gmail.com.

**Gaynor Barton, Editor** 



# Letters to the Editor

Dear Editor,

It is with great sadness, that after 25 years working as the Health Visitor for hundreds of families in Barrow and the Wolds villages, I am now moving on to a different caseload elsewhere. I was based initially in the surgery but latterly at Charnwood Mill.

Health visitors work with the under fives and their families, predominately babies and young toddlers. And we promote and

encourage families to make healthy choices as often as possible.

In my early years at Barrow we also sought out health needs in the elderly and teenage populations as well. But now we aim to guide families through the maze that is new parenthood, in topics such as: handling a new baby; early feeding choices; sleep; weaning; behaviour; maternal mental health; safety and safeguarding.

I've been truly inspired and privileged to have been a part of your journeys, whether happy or challenging. Thank you. And I hope that, in some small way, I've been able to show you how the care we give in childhood helps mould the adults of the future.

Remember, if you can get it right 75% of the time, you're doing pretty well.

All my very best wishes to each and every one of you for now and into the future.

Angie Bell

Dear Editor,

The seriousness of poop collection was brought home to me whilst watching a BBC1 midday programme, 'Dom on the spot' Thursday 9th March 2017. I was not previously aware, but dog faeces can cause partial or total blindness in children together with severe chest and liver problems. Also a child can be affected whilst in the womb by some poor unsuspecting mother cleaning her shoes and then inadvertently getting it into the food chain by particles being left under the finger nails.

I'm a dog walker and most days I find I am collecting more than my fair share of poop to scoop!! I'm afraid to say that my findings are those left by the larger dogs, whose owners unfortunately are negligent in their care. PLEASE be more vigilant whilst enjoying your chat with friends and don't be shy to tell someone if they happen to miss the action. THIS IS NOT A WINGE. IT IS IMPORTANT AND ALSO A FINEABLE OFFENCE!!!

It is up to us, the owners. Barrow Parish Council has provided bags and bins. PLEASE watch your dog while you walk and chat before our pets are prohibited from all public recreational places.

A happy dog is an exercised dog! Regards and thank you

Jo and Zigs

# **BOSCAPS**

7 - 11 August 9.30 - 12.30

# Humphrey Perkins School

Anyone who missed the enrolment evening can enrol on the first morning, Monday 7th August at 10am.

Front Cover: Rowing boat on the River Soar



### Dear Editor,

Unfortunately, I need to complain about the daily thumping noise from the pile-driving on the David Wilson building site off Nottingham Road. It has been going on for months. It can be heard all over the village on most work days. Is it a new technique for building houses or has the builder been forced to pile-drive because of ground conditions or underground mining? If so the residents and councillors ought to oppose it more seriously for further developments. Either way, was the noise pollution considered before planning permission was granted? Yours faithfully,

Rod Billson 29 Breachfield Road, Barrow upon Soar



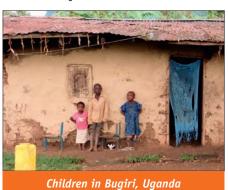
# Barrow Pedal Power Helps Families in Africa

pattling headwinds, climbing steep gradients and being "too tired to even speak" were all part of a gruelling three-day, 320-mile charity ride for a team of cyclists who rode from Barrow upon Soar, via Barrow on Humber, to Barrow in Furness to raise funds to buy life-saving mosquito nets for a town in Uganda.

The ride was part of Barrow Baptist Church's Big Bike Challenge, an event comprising three separate cycling events - the Barrow to Barrow ride, the Soar Circular 150-miler and a family fun ride in Watermead Country Park.

The aim was to raise £2,250 to buy 500 mosquito nets for the people of Bugiri in Eastern Uganda, in partnership with Compassion UK. But the teams far exceeded that, raising an impressive £9,000, which will buy 2000 nets. Uganda has a high incidence of malaria with more than 70,000 children dying every year from the disease. Anopheles mosquitoes that transmit malaria typically bite between 10 pm and 2am, so nets are an effective way of preventing this.

Big Bike Challenge cyclists spent days in the saddle to achieve and exceed their goal, clocking up a cumulative total of 3,488 miles, the equivalent of cycling from Barrow to New York! The Barrow to Barrow team also logged 6,227 metres of climbing over three days.



Reverend Graham Dunn, minister at the church and a cyclist in the 320-mile team was delighted at the effort.

"All who took part were determined to complete the challenge," he said. "Teamwork, a desire to respect our sponsors and the good cause that we were supporting kept us going. People have given so much money to buy mosquito nets, lives will be saved and we are humbled that we have played a part in it."

Graham was no doubt inspired by his famous niece, Lizzie Deignan, formerly Armitstead, a former World Champion road rider, reigning Commonwealth Road Race champion and winner of this year's Tour de Yorkshire.

The cyclists had to conquer some arduous passes. Buttertubs in the Yorkshire Dales and Wynrose Pass in the Lake District are daunting even for elite riders. In addition, two of them went on to tackle Hardknott Pass.

Support teams were an integral part of the rides, with Lizzie Moore driving the support vehicle from Barrow upon Soar to Barrow in Furness, complete with sports massage table (she is a trainee sports massage therapist) and cooking hearty meals for hungry riders in the evenings.

The Soar Circular ride was three days of rides – to the source of the Soar River at Claybrooke Magna between Hinckley and Lutterworth; to Belvoir Castle (a route with a steep incline and strong

headwinds); and to the mouth of the Soar, where it meets the river Trent. Cyclists returned to Barrow each evening.

"We cycled 50 miles each day and it took a lot of mental determination to keep going and to get back on the bike each day," said Lucy Elms, organiser of the Soar Circular route, which had 11 riders, aged 14 to 65. "Day two was tough because of the steep climbs and you can't do much training for hills when you live in Leicestershire!"

The River Ride was a mix of those who cycled from the church to Watermead Country Park, picking up more at Cossington, and others who arrived with bikes for all ages and enjoyed a family day out, the youngest rider being just 4.

Donations were mostly made online through Just Giving, but cash donations were also accepted, including from a group of ladies in a pub who opened their purses for cyclists who had stopped for a cool drink.

"People have been so generous and it will make a difference to the lives of many families in Bugiri" said Lucy.

Would they do it again? One already has... Richard Elms cycled 322 miles to Barrow in Furness and enjoyed the ride so much he cycled back to his home in Barrow!

"It was a nice, albeit sometimes slow, way to see England's green and pleasant land," he said.

Lindsay Ord

# Foul Sewer Flooding

In view of residents' concerns regarding recent foul sewer flooding between Barrow and Quorn and the similar incidences in gardens of residences on Breachfield Road a meeting was held at the Parish Council Offices on Thursday 20th April, 2017 to discuss the possible impact new housing development in the village may have on these.

Those present were: Nicky Morgan MP (Chair) Representatives from Barrow Parish Council and their technical adviser, representatives from Charnwood Borough Council (CBC), Severn Trent Water Authority (STW) and the Environment Agency.

The meeting concluded the following Action Points:

- Condition 9 of the planning permission for the Jelson site (relates to foul drainage) should not be discharged at present and there must be no occupation of the houses until such time that Condition 9 can be approved and discharged.
- 2. The developer's interpretation of Condition 9 should be challenged. CBC to supply the recent legal correspondence between Jelsons and CBC.



3. STW to provide the necessary support to CBC enabling them to resist approval of Condition 9. This would take the form of – Condition 9 cannot be discharged until the downstream upgrading of the sewerage system removes the risk of foul flooding to residents' properties. STW to write to CBC in-line with the above.

 CBC on receipt of the response from STW to seek legal advice on their response to the developer.

Follow up meetings are planned. Alan Willcocks

# The Demise of Barrow upon Soar Neighbourhood Watch

As many attentive residents will be aware, January saw the announcement that Barrow upon Soar Neighbourhood Watch had ceased activity, following an Extraordinary General Meeting (EGM) earlier that month.

appeared at the monthly meetings

There were a number of reasons for the committee deciding to tender their resignations which included: limited interaction with police representatives - due to constraints on police time and resources and crime report information which had, by necessity, limited detail and less specific locations as a result of increasing controls on data and victim protection.

The community had started to question the accuracy and completion of the village crime report. They believed, and in some cases knew, there were 'missing' crimes. They felt these should have been 'visible' to inform and benefit others.

There has also been a general lack of interest in NHW probably because crime levels have remained relatively low in Barrow upon Soar. New faces rarely

unless they had actually been a recent victim of crime. Our committee, of five core committee members, had remained unchanged for well over five years with the same roles re-elected at every AGM. The concept of Neighbourhood Watch is now seen by some as outdated at least insofar as we have run our scheme in Barrow upon Soar. We have mainly been concerned with circulating a monthly paper crime sheet to 2,800 addresses over the last 25 years. The crime report information referred to crimes committed the previous month; therefore after printing and distribution, the cases reported could be up to six weeks old.

There has been a growing trend towards engagement with social media (Facebook, etc.) to acquire more current, up to date crime information. The police will still be providing the monthly crime report.

Should any Barrow resident still wish to receive this by email, please contact Reillys@wycliffe7.fsnet.co.uk. For current crime information, please refer to internet sources at leics.police.uk or www.police.uk.

Also look out for police announcements of regular meetings in the village.

Alan Reilly

### **A REMINDER**

For non-urgent crime reporting dial 101 or where life or property is at immediate risk ALWAYS call 999.





# **Central Business** Services

Your local, friendly Accountants, **Business advisers & Payroll specialists** 

Our approachable team provide a personal service, suited to your individual needs.

To arrange your FREE **INITIAL CONSULTATION** contact us on 01509 816150

Oak Business Centre, 79-93 Ratcliffe Road, Sileby, Loughborough, LE12 7PU

www.centralbusiness.co.uk











Tums & Bums

Tums & Bums Express

Pilates

**Pilates** 

**Pilates** 



# Seaton's Services

Constantly Recommended



A range of professional services for your home and garden Small jobs no problem and locally based

House maintenance

l also sell high

hardwood logs

quality

- Repairs
- Gutter Cleaning & Maintenance
- Painting & Decorating
- Fencing, Garden & Hedge Trimming
- **Patios**
- Tiling

For a free, no obligation quote call Vern on 07930 548592

# Pilates & Fitness

# **Classes in Barrow**

Small friendly classes, suitable for a range of ages and abilities



Monday 9:30 - 10:30am 10.45 - 11.45am

7:00 - 7:30pm 7:40 - 8:40pm

6:00 - 7:00pm

9:30 - 10:30am Wednesday

10:45 - 11:45am

Tums & Bums Pilates

7:00 - 8:00pm **Pilates** 

All above classes at the Baptist Church Rooms, Beveridge St (the Gap Rooms)

Contact Donna for class availability or personal training t: 07787 315197 e: donna@corefitness.org.uk

# Philip Marshall **Upholsterer**

French Polishing **Furniture Made to Order Furniture Restoration** 

31a High Street, Barrow upon Soar Telephone 01509 620100

# **Trinity Rooms**

Serving the community

Ideal for...

**Parties** 

Receptions

**Meetings** 

**Classes** 

Charity Events etc.

01509 416520 enquiries@barrowandwoldsgroup.com Nosh and W

Sympathetic Dog Grooming

www.washandwags.co.uk

Short haired dogs can usually be squeezed in within one week.

- Bathing
- Micro chipping
- Clipping
- ID disc engraving
- Hand stripping Nail Cutting
- Anal gland expressing

Tel: 01509 416971

Mobile: 07765 835034

Vicki and Andy Wallin 41 The Banks, Barrow upon Soar Loughborough, Leicestershire

# KNOW-HOW

Computer Systems Ltd



Since 1996 we have been



Repairing Computers **Upgrading Computers Supplying New Machines** Troubleshooting Problems **Maintaining Networks Giving Great Customer Service** 

For help with any computer issues, contact us.

> w: www.know-how.com e: info@know-how.com t: 01509 808639



# Margaret Meets the Queen

At the end of January, Margaret Steadman received a letter from Buckingham Palace saying she was to be a recipient of Maundy Money on April 13th in Leicester Cathedral. Margaret, who still lives in Barrow, came to the village with her parents and brother in November 1945, and they originally had a house on High Street; at that time she had just left school.

Each year the monarch presents purses to pensioners over 70 nominated in recognition for their service to the church and community. They are recommended by clergy and ministers of all denominations. Each recipient receives a red purse and a white purse. In the red purse is a five pound coin commemorating the centenary of the House of Windsor and a 50p coin which commemorates a famous person.



This year it is Sir Isaac Newton. The white purse contains multiples of clear plastic pouches containing silver coins in sets of 1p, 2p, 3p and 4p which add up to the monarch's age. As the Queen is 91 this year there was an extra 1p. All the coins were specially minted and are legal tender.

The service is held in a different cathedral each year and Leicester was the only one the Queen had still to visit. She has now been to Maundy Service in all the cathedrals and abbeys in the UK. It is the only time that the Queen goes to the people.

Margaret's day began by being taken by her nieces to the King Power Stadium for security checks. Then all the recipients, 182, (91 men and 91 women) were taken by coach to Leicester Cathedral. They had to be in their seats by 10.30am. Margaret's seat was 162 and her niece, Heather, sat behind her.

The service was full of pageantry with the Yeomen of the Guard carrying the purses on golden alms trays above their heads. The two purses were tied together. Margaret, whose seat was in the North Aisle, only had a good view of the Queen when she was given her purses by her. The service lasted an hour and afterwards



the Queen went to St. Martin's House for a community lunch whilst the recipients were taken back to the King Power Stadium for their buffet lunch.

Margaret said it was a day to remember. It was very well organised and she felt honoured to have received Maundy Money. She also said that the Queen was much smaller than she had imagined.

**Ann Higgins** 

# Little Mice with Loads of Talent

In Barrow Panto's Cinderella, everybody loved the mice. They didn't have much to say - mice usually don't - but when they did, they projected their voices well, when they danced, they danced beautifully and all their songs were pitch-perfect. Such talented mice needed further serious investigation. Did they like cheese for example? How did they feel about cats?

So off I went in search of pretty, grey, tutu-wearing rodents with large, sparkly, silver ears.



First one to scurry into my trap was Poppy Melton, 10, from Loughborough. Poppy absolutely loved being a mouse but dreams of being Matilda! And she's working towards this by dancing three times a week with the Tutu Dance Studio and having singing lessons. In fact it was through her singing teacher she learnt of Barrow's Youth Theatre. She joined in 2015; was in Honk and The Little Mermaid and so quite an old paw by the time Cinderella came around. When asked about funny things that had happened in the show her whiskers quivered when she admitted to once arriving a little late on stage. Cinderella was perplexed. "Where's the third mouse?" she asked. But another mouse, Rosie, jumped to the rescue and said, "She's on vacation. She's always on vacation." Then Poppy appeared - quickly - back from her vacation! The scene she enjoyed playing the most was making the audience laugh by looking oddly quizzical at a huge set of keys she'd been given by the Fairy Godmother; her humble scooter had been transformed into a golden coach. And does she like cheese? No, not at all, very strange for a mouse, but true to form she is allergic to cats!

I found a second mouse much nearer to home in a very new mouse-hole in Barrow. Lucy Hardy, 11, doesn't like cheese either, unless it's grated on top of beans, and again - straying from timehonoured mouse characteristics - she loves cats! She actually shares a house with a rather grumpy-looking one called Frank Arthur Batman Hardy. Like Poppy, Lucy has ambitions beyond the horizon of a skirting-board as she too dreams of musical theatre in the West End. And at only eleven she's already lots of experience. She's been a member of the Youth Theatre since she was seven and appeared in The Lion the Witch and the Wardrobe, The Little Mermaid, and Honk as well as panto productions of Aladdin and Snow White. What's more, she practices all the necessary theatre skills with singing, dancing and piano lessons and theatre school on Sundays in Loughborough. They're such busy mice! Lucy was very proud of being involved with Ellie Robinson in choreographing part of one of the dances. One of Lucy's favourite days is the all-day dress rehearsal when costumes are tried on for the first time and of course she loves the after-show parties. All the mice loved the parties, especially the discos after the Youth Theatre shows.





Rosie McGoldrick

To find the final mouse I had to cross the county line and search East Leake for this lithe, athletic mouse. Rosie McGoldrick, 10, learnt about Barrow's Youth Theatre from Abi Crossley, her East Leake Dance Club teacher, who spotted her dancing talent and from this everything else followed. Rosie was in the chorus in Honk but Cinderella was her first panto. And mum Laura was in it too which Rosie found helpful as she was always around to provide snacks or bottles of water. Mice do get hungry although this one doesn't like cheese either! It makes her feel sick unless melted on top of a pizza or lasagne. Being a young mouse Rosie thought adult panto might be a bit scary but it wasn't at all. She enjoyed mixing with the cast and thought Lucifer (Val Gillings) really lovely and Dandini (Alex Thompson) very funny. Her favourite day was Saturday as they were on stage twice! The afternoon show was the best, she thought, as the jokes got bigger laughs. Mice love a good laugh. There'll be more laughs for Rosie in the future as she's in the next East Leake Amateur Players' production of 'The Baddams Family'. That sounds great fun but her ambition is not to be an actress, but a singer.

Many thanks mice! I thought you were wonderful in the show and now, after meeting you all, I think you're even more amazing.

**Gaynor Barton** 

# Caroline Sharpe Musical Talent Extraodinaire

If you attended Barrow Bonanza variety show at Humphrey Perkins School in June 2016, I am sure you will remember the excellent performance of a ladies choir called 'Music in Me'. The choir was under the direction of Caroline Sharpe. Caroline used to live in Barrow but recently moved and now lives on a boat on the Ashby Canal.

Caroline's musical career is very impressive: she got a First Post-Graduate Diploma in Music with Distinction at the Birmingham Conservatoire under the tuition of Margaret Field; was twice a finalist in the Cecil Drew Oratorio prize and was awarded first prize in the Mario Lanza Opera Competition in 2009. Caroline has appeared in both Monteverdi and Mozart operas at Birmingham's Crescent Theatre and also sung the title role in Handel's Alcina as well as being Mussetta in Puccini's La Boehme at the Birmingham Conservatoire. Being an experienced singing teacher, Caroline offers vocal coaching and singing lessons and has had an award-winning choir. She used to run two choirs but now just concentrates on one big choir called The Caroline Sharpe Singers. It is for mixed voices, singing a variety of songs, and anyone of any ability can join. They rehearse on Saturday

mornings at 10 am in the Trinity Methodist Church Loughborough.

Caroline also does solo engagements for private functions and specialises in solo and choral music for weddings. Her singing enhances the sound of the congregational hymns and she can also provide a suitable piece to be sung during the signing of the register. Not content to sit back on her laurels, Caroline also plays the seventeen bell carillon at Loughborough War Memorial in Queen's Park. I would imagine this is no easy thing to play. If you would like information on Caroline's future engagements, or you if are in need of a vocal coach or even thinking of joining the choir, you can find her web-page at www.carolinesharpe.com or send her an email: info@carolinesharpe.com Val Gillings



# New Landlords for the Soar Bridge Inn

Barrow is a village in a permanent state of change and most people think that change is not always for the best! When news that John and Dai would retire as landlords of the Soar Bridge Inn the village pipeline was buzzing; was another pub going to bite the dust? But fear not; the future is bright.

I met up with Rob and Amy McKay, and Isla, who will be the new "Mein hosts" at the Soar Bridge. Currently Rob and Amy are at the "Apple Tree" in Quorn, but in Rob's words, "When Everards posted the vacancy at the Soar Bridge by email, I literally shot out of my chair and grabbed the phone."

Why Barrow and why the Soar Bridge? Well, Rob mentioned that one of their favourite dog walks was to cross the slabs from Quorn and pass by the pub on the way into Barrow. They always stopped for a drink on the way back. This, for Rob, was a community friendly pub and that's the way he wants it to continue.

There will be improvements along the way: exciting projects for Sunday diners and weekday food with the current Theme Nights, including the now famous Pie and Quiz Night, and Friday fish and chips all continuing. There will be a wide selection

of brewery beers, with occasional guest beers, to tickle the customers' palettes, and possibly the occasional Festival of Beer. Sports will still be available for football and rugby and the skittle alley will get smartened up. For summer the family seating and play area will get an upgrade. The changes will not take place all at once so will give both old and new customers time to settle in - back to 'the old ways'. Rob explained at length that this was a long-term project for the Bridge. This will be one bridge in Barrow that will not require closing every year! Cheers and Good Health to you both.

Opening hours will be Tuesday - Sunday 12 -11pm and Mondays 4pm-11pm. There will be a new Facebook page soon; for busy periods remember it's still advisable to book ahead. Tel **01509 412686** 

**Eric Ellingworth** 



# STONES REVAMPED

# **BOOK A FREE CONSULTATION WITH ONE OF OUR TEAM**



Dermalogica & Crystal Clear Facials, Massage, Shellac Nails, Waxing & Intimate Waxing Full range of treatments visit www.stoneshairandbeauty.co.uk

Call NOW on

# 01509 621162

**STONESHAIRANDBEAUTY.CO.UK**10 STATION ROAD QUORN LE12 8BS

LARGE FREE CAR PARK

# Onwards and Upwards at the Community Library



Step into the Barrow Community Library and you will, we hope, notice subtle changes and improvements to the service being offered. As we approach our 2nd birthday in July it's time to let you know what's new!

You will be aware from the last Barrow Voice that the purchase of new IT equipment was planned. Well it's here! Our three Apple public computers are installed and running. No library membership number or PIN number is required to log-in. We will, of course, encourage you to become a library member but you may use these computers and associated printing / scanning / copying facilities as nonmembers too. Our new printing and copying prices are considerably lower than before and very competitive. A very big thank you to the Cooperative Community Fund for supporting the purchase of this new machine for the benefit of the Barrow Community.

Our aim all along has been to enhance the service to benefit the local community. Our thriving Rhyme Time (fortnightly on Fridays 10:30 - 11am) and Saturday Stories (weekly at 10:30 - 11am) continue to attract local children. Year 5 pupils from Hall Orchard visit each half-term. It's great to see the enthusiasm of both children and volunteers have for books and reading...a habit we hope will continue for life.



A series of six talks held in the library on the last Monday of the month have included topics ranging from Stoneywell and the Dogs' Trust to charity projects in Ethiopia and the conservation of hedgehogs! Our forthcoming programme, beginning in September, will include Quorn Online Museum, Essential Oils and a demonstration by the local florist. These free talks, with refreshments and a raffle, are becoming a regular feature on the Barrow calendar.

A family history group has been very popular with local people researching their family trees. This group meets in the library on one of its closed days. The library makes a great meeting venue. Please call in / phone / email for details.

We are constantly trying to add new events to the calendar to make good use of the library. We're trying a Beetle Drive and a Valuation Day (Saturday 7th October) this year.

As well as children's half-term craft sessions there will be two adult craft sessions on 14th June and 22nd November. It's not just children who like getting crafty!

### The Joys of Volunteering

As you can imagine, with all this going on, the role of a library volunteer is never dull!

So many fantastic people have been involved over the last two years. As well as 'librarians' we have storytellers, a maintenance team, operations team, cake bakers, quiz compilers, management team, Rhyme Time team, and many others. We are always on the look-out for new volunteers. Even just an hour or two weekly or fortnightly is very welcome and all the volunteers find their roles extremely rewarding. Please contact us if you are interested and tell us of ANY skills you have to offer.



### 10 Great Reasons to Visit your Community Library

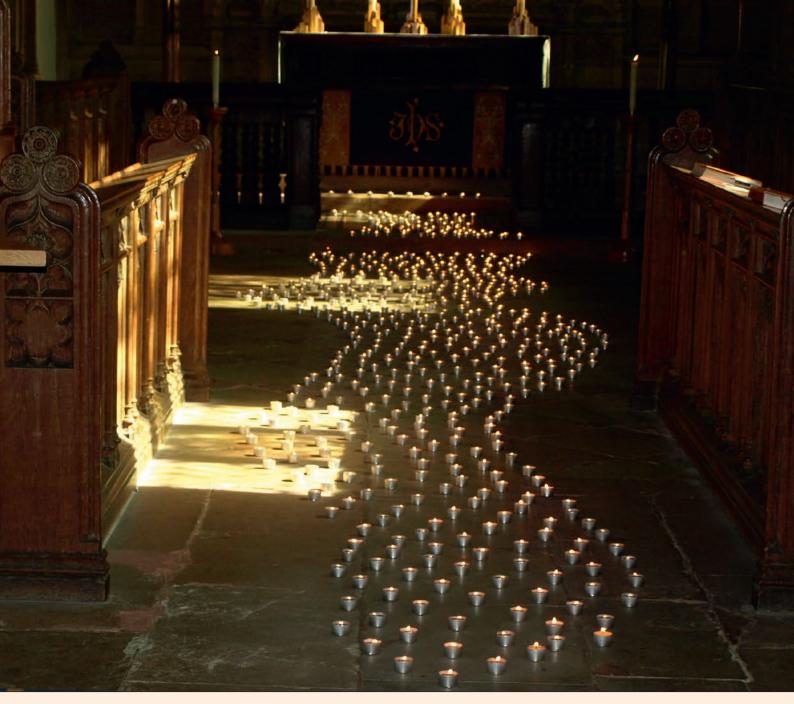
- 1. Free membership of the library
- 2. Free use of public computers
- 3. Competitively priced printing, copying and laminating services
- 4. The chance to get into great reading habits for all the family.....our Summer Reading Challenge begins again in the Summer Holidays
- 5. Coffee, newspapers and relaxation
- 6. Community activities and groups
- 7. Local information and leaflets
- 8. Great volunteering opportunities
- 9. Rhyme Time for 3-year-olds and under
- 10. Saturday Stories

We look forward to seeing you soon Catherine Holmes: 01509 416752 catherine@rcjholmes.co.uk Catherine Holmes

Donations to help keep the library running can now be made through the BUSCA website under 'Donate to Library'. For further information contact Angeline Kazianis on 01509 416356 or email on library@barrowuponsoar.org.uk







# River of Thankfulness on Mothering Sunday

oly Trinity invited villagers to remember their loved ones with something more than flowers and chocolates this year. Residents were offered the opportunity to buy a candle and add the names of those they love to a roll of honour.

The candles - nearly 700 of them - were displayed in a serpentine to represent a river of thankfulness on the floor of the nave of the church. The names were displayed on scrolls and on a projector in a continuous loop and people came to read and view the candles while piano music - and sunlight, and the sound of children playing - filled the church.

It was a moving and thought provoking celebration of women who have touched - and those who still do touch - our lives. **Helen Sadler** 

# **Barrow Remembers**

In November 2018, to commemorate the end of the First World War, the Parish Council is promoting 'Barrow Remembers'.

This is a project which will provide an opportunity for the village to remember each soldier who died during the First World War as an individual by laying a wreath on each of their graves. Research into the project is well underway. There are approximately 70 WW1 graves located mainly in the UK and France. To find out more, or be involved, please do get in touch - clerk@barrowpc.org.uk

# N Townend (Loughborough) Ltd

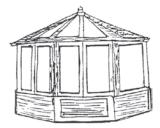
33 Ribble Drive, Barrow upon Soar Telephone: 01509 415262 Mobile:07860 789590

Business as usual from new address

# Specialist in PVCu Internally Double Glazed Windows, Doors & Conservatories

- Shoot bolt locks & Saracen Hinges
- Multipoint Locking system
- Optional K & Safety glass
- All workmanship guaranteed 10 years
- Fitted by experienced local fitters
- FREE WRITTEN QUOTATION
- We will be pleased to quote From one window to a full house
- Facia, Soffits & Guttering
- Sealed Unit Replacement

SAVE £££ s



Just quality windows from Rehau

# BISHOP BEVERIDGE CLUB

South St, Barrow

# AVAILABLE FOR HIRE

for children's parties, adult celebrations, quizzes, exhibitions, film shows, meetings etc

# Very competitive rates

Takes approx. 50 seated Kitchen with full catering facilities

For hiring the hall contact Joyce Noon on 01509 414519

Our premises are the centre for all over 60s in Barrow upon Soar and local villages.

There are regular events, film shows, coach trips and other interesting activities to join in with both new and old friends.



# Coffee Mornings

All are welcome to our coffee mornings, every Thursday between 9.45 and 11.00am.

Contact Chairman Joyce Noon 01509 414519

# BARROW TOWN FC CLUBROOM & BAR

Available for your function

Weddings; Birthdays; Anniversaires any celebration!



Seating for 80+ persons Tel 01509 412244 for rates

# **Home Computer** Ian Knowles Repair Specialist **Computer Services**

A complete service in your own home. PC hardware, software & operating system troubleshooting. Internet & email problems solved. Home network installation & repair. Virus & Spyware removal service. Hardware upgrades and parts supplied.

New bespoke PCs, built to your specification.

Telephone 01509 416218 Mobile 07742 625846 Email: ian@ikcomputers.co.uk Web: www.ikcomputers.co.uk

Ian L. Knowles BSc., Dip HE.

# **ChimneyDoc!**

Your Local Sweep

Open fires, wood burners & solid fuel stoves.

- •Bird guards & chimney cowls supplied & fitted
- •Bird nests and blockages removed
- •CCTV surveys and inspection
- •Certificate issued for every flue swept.

Call Mark the ChimneyDoc now Tel: 01509 881479 mob:07830 345800

email sweep@chimneydoc.co.uk www.chimneydoc.co.uk,

# Feather 'n' Fur Pet Supplies

87 Babington Road Barrow-upon-Soar Tel. 01509 415594

Call in for a free sample of our best selling hypoallergenic, wheat gluten free, dog or cat food.



Good range of wild bird feed, and various feeders. Small animal feeds and treats Caring for your pet since 2000

# Barrow-upon-Soar Conservative Club

14 North Street LE12 8OA 01509 412793

Available for your function: Weddings Birthdays / Anniversaries Children's parties Play area and Bouncy Castle

We offer a wide range of Ales, Lagers, Wines, Spirits, Guest Beers and Soft drinks.

Lowest prices in the village! Plenty of free parking and Disabled access

# Support Group with a Heart

I an Shuttlewood's experience of a heart attack was not a textbook one. There were none of the classic symptoms - crushing chest pain, arm or back pain, shortness of breath and nausea that he had seen in 37 years of working in the ambulance service.

"I had felt a bit unwell during the day and had a sharp stabbing pain under my left armpit," said Ian, who is retired and lives in Barrow. Despite the pain worsening as the night wore on, Ian didn't suspect a heart attack - but his wife Lizzie was not taking chances and called an ambulance. He was taken to Glenfield Hospital where doctors ran tests and confirmed that he had had a heart attack, a shock diagnosis for both of them. He had two stents placed in an artery and was left to process what had happened.

It was then that the couple asked themselves the question posed by many heart attack patients: "What now?" Lizzie recalls sitting at Ian's bedside wondering how their lives would change. Would Ian be able to lead a normal life? Would they be able to travel? Would he be able to lift things?

Questions spun in her head and while walking through the hospital foyer, she came across a book sale in aid of Take Heart Leicester (THL), a support group for heart patients, manned by Janet Finnigan, the wife of THL volunteer Terry Finnigan, who had a heart attack 14 years ago.

Terry was doing ward visits and popped in on Ian, offering words of encouragement and describing how he had recovered and was now leading a healthy life.

On discharge, Ian and Lizzie decided to attend THL meetings. There they met others who were recovering well and swapped stories of what worked for them.

Ian says in the weeks after his heart attack, he was nervous of every twinge, but as time went by, he gained confidence and the advice from fellow heart patients helped him get back to normal living. He subsequently started doing ward visits to give back something of what he had received and Lizzie took on the role of secretary of the group. Three years have passed since his heart attack and he is now completely well.

Ian and Lizzie firmly believe that the road to recovery can be aided by support from other patients, through organisations like THL. Glenfield Hospital has a reputation as a centre of excellence for cardiac conditions and it is home to the University of Leicester British Heart Foundation Cardiovascular Research Centre, Cardiovascular disease kills more than 160,000 people in the UK every year and the centre brings together scientists, doctors and patients to improve diagnosis, prognosis and treatment available. A Patient and Public Involvement (PPI) group dedicated to the cardiac research project meets to receive and comment on updates from the research teams and to help the professional staff by giving the patient and public perspective. To contribute to the PPI group, contact the Department of Cardiovascular Sciences on 0116 256 3021 or email sp504@le.ac.uk. Lindsay Ord



Take Heart Leicester, which has been running for 31 years, serves the whole of Leicestershire. There are five Barrow residents who attend meetings and Lizzie would like more people to be aware of the group which is for patients and carers.

THE

Support group meetings are held at Glenfield Hospital Education Centre on the first Saturday of the month from 10am to 12 noon. Tea and coffee is served and sometimes there is a speaker. About 45 people of all ages attend. Open meetings are held regularly at the hospital and volunteers visit cardiac patients in wards.

Take Heart walks of about an hour are held in various locations and are open to all, including children and dogs. The walk is followed by a pub lunch - there are those who skip the walk and come for the lunch, and that's fine too!

THL also holds fund-raising events to buy items needed by the cardiac wards, like visitors' chairs, more over-bed tables and a television.

For more information, visit www.takeheartleicester.co.uk, email thl@takeheartleicester.co.uk or call Lizzie on 01509 414930.





# **Your Local Electrician** & Plumber

We offer domestic, commercial and industrial electrical and plumbing solutions throughout the Midlands





bradgateelectrical.co.uk









# THE PAPER SHOP

More than just a newsagents



f Join us on Facebook at Thepapershop Barrow.

9 HIGH STREET, BARROW UPON SOAR TELEPHONE 01509 412314 EMAIL bestonebarrow@gmail.com



Your local provider of quality services for your home



Landscaping & garden maintenance



Electrical services to BS7671



General fixing Flat pack assembly & bespoke furniture



Kitchens & bathrooms



Decorating



Local, reliable, dependable, professional

Quorn

(01509) 414417 www.charnwood-maintenance.co.uk





Barrow-upon-Soar Parish Council News 01509 416016 clerk@barrowpc.org.uk

# **Barrow Focus**

www.leicestershireparishcouncils.org/barrowuponsoar

# Neighbourhood Plan Referendum

Barrow upon Soar Neighbourhood Plan has undergone its final round of consultation and is currently awaiting examination.

It is expected that further to consideration of the Inspector's Report and recommendations a referendum will be held as early as July. This will be publicised in the same way as an election. This is a plea to all residents of voting age: we know there will have been two elections and that you will probably think, 'No, not another' but it is very important that you cast your vote!

When the Plan is adopted, it will form part of the statutory Development Plan for the area. Charnwood Borough Council will continue to be responsible for determining most planning applications, but the policies in the Neighbourhood Plan will be the basis for those decisions.

# Parish Councillor Vacancy

There is currently one vacancy to be filled by co-option.

Applications are invited and nomination forms are available on our website, by email or from the Parish Council Office. They should include a short personal history and give reasons for the application. Electronic applications are acceptable. In all instances to be addressed to: Mrs L M Bell Clerk to the Council.

# King George V

Work will begin at King George V at the end of August and is expected to be completed early 2018, subject, as always, to the weather!

We ask for your patience throughout. The work will be disruptive and will at some point affect every part of the field. The end result, however, promises to be amazing and hopefully worth the wait.





# Hall Orchard - Project Completed

If you walk regularly along the jitty linking New Street with Church Street you are bound to have noticed the extensive building work that has been undertaken at Hall Orchard Primary School over the last two years. Even if you do not have children attending Hall Orchard you will have noticed the large containers that provided office and storage space for the builders have finally been removed and all has been restored to parking spaces once again.

The work began in December 2015 and has included the restoration/alteration of the Victorian building, conversion of the caretaker's bungalow into a centre for a Before and After School Club plus a pre-school facility and an extension to the school hall to create a fantastic space for the children to use. This is the work that we can mainly see from the outside but works have also included a redecoration and re-fit of the library, re-fit and redecoration of the Victorian school including new walls, new rooms and new ceiling and finally a corridor that links the school buildings together. It's an amazing transformation. I struggled to remember how it was before. I think I could just about point out the location of where the cast-iron stove stood that used to heat the hall in the 1950s!

I asked Matthew Harvey, school business manager, if there had been any problems with any of the conversions etc. He explained that there had been a 10-week delay with the hall extension due to further work being needed with the foundations for the hall extension.

This is linked to Barrow having a history of lime-stone mining. Additional work was completed by engineers on the project and after a delay of almost three months the work restarted; all was completed by April 2017.

Thankfully, during the construction there were no major difficulties or complaints despite the loss of parking spaces and at times mud and dust. Staff, governors and parents all accepted the disruption as there was a positive outcome in sight. The contractors ensured that the build programme was completed without disruption to the children's learning and the children seemed to view the project as an adventure; watching the changes from week to week.

They must have been very excited when the new hall was finally revealed. My first thoughts were that it was a fantastic space and I was very impressed with how well it fitted in with the old hall to create one large area. It is a great resource for the staff and children that can be used in a variety of imaginative ways.



Finally, I asked whether there are any future plans for further expansion but apparently this will depend on whether there are to be any large housing developments in our village in the future. This work has been one of Matthew's tasks since he came to work at Hall Orchard in 2012. I wonder what his next project will be?

**Ginnie Willcocks** 

# Hall Orchard School Governance Can you Make a Difference?

A vacancy has arisen on the Governing Board which offers an exciting opportunity for successful candidates to make a real difference.

Hall Orchard CE Primary School is a large, vibrant and successful school which aims to ensure children are offered the best opportunity for their academic future and social development. At Hall Orchard we value the family ethos and work hard to promote partnerships with all our stakeholders – including you, a resident of our village. But what are school governors and what do they actually do?

### **Role of Governors**

School governors are the largest volunteer force in the country. As governors of an academy school like Hall Orchard, they are also company directors with overall responsibility for the school and have an important role in raising school standards as well as meeting their statutory responsibilities.

The governing board has four key objectives:

- Setting the school's vision, ethos and strategic direction
- Holding the Headteacher to account for the day-to-day running of the school and for the educational performance of the school and its pupils
- Overseeing the financial performance of the school and making sure its money is well spent

• Ensuring we comply with all statutory requirements

Governors are not involved in day-today management of the school - that's the role of the Headteacher and Senior Leadership Staff – but governors' roles are strategic.

### What can I do?

It doesn't matter if you have children at the school, or have professional qualifications, or not. As a member of the community you can be an effective governor by getting to know the school and developing a good understanding of its strengths and weaknesses including visiting the school occasionally during school hours. You will act in the best interest of all the pupils and staff of the school, and behave in a professional manner and in strict confidence. Formal training and induction is also provided free of charge. For the vacancy that has arisen, we are particularly keen to hear from anyone with skills and knowledge in finance, procurement, fundraising, publicity and safeguarding.

### How much time will it take?

The governing board meet formally four times a year on a Wednesday evening (normally between 18:00-20:30), with sub-committees meeting on additional Wednesdays. For these there are board papers to review a week before the meeting, plus the meeting itself. There is also a full visit-day once a year with

further opportunities to visit the school (called monitoring visits). The training is normally during weekday evenings with plenty of notice. In total this equates to between 10 and 20 days a year. Under Section 50 of the Employment Rights Act 1996, if you are employed, then you are entitled to 'reasonable time off' to undertake public duties; this includes school governance.

### Have you got what it takes?

It is certainly a challenge, but also provides much reward. Visiting the school and seeing your strategic vision being implemented and making a real difference to the education of children is simply amazing. To see the hard work, dedication and striving for excellence from the staff is reassuring and the Governing Board always push for the very best. If you can spare the time, have an inquiring and challenging mind and the passion to ensure our children have the very best opportunities possible – then you have what it takes, and we would love to hear from you.

### How do I apply?

If you wish to register your interest, please send your letter and CV to reception@hall-orchard.leics.sch.uk or by paper to the school reception. A full job description and more information on the role of School Governors at Hall Orchard can be found on the school website: www.hall-orchard.leics.sch.uk.





Established for over 15 years

Complete Landscape Service :

- Creative Garden Designs
- Patios
- Decking
- Ponds
- Water Features
- Pergolas
- Fencing
- Turfing
- Planting Schemes
- Block Paved Driveways
- Brick and Stone walling



For all of your garden

Tel: 01509 416445 07748635095

requirements

# **Free Quotations**

www.barrowlandscapes.co.uk



# **NOTICE FOR CUSTOMERS**

Customers may now bring their own alcoholic drinks, saving them £££s. No alcohol will be sold from the restaurant. This does not apply to soft drinks which may be purchased from the Restaurant. Thank you.



The Bengal is renowned for its delicious food, excellent service. Bookings for Christmas, Valentines and all other special occasions are now being taken. Book NOW to avoid disappointment.





We cater small and large Birthday & Charity parties please ask for offers!

### **OPENING HOURS**

Sunday - Thursday 5:30pm - 11 pm Friday & Saturday - 5:30pm - Midnight

The Bengal Tandoori & Balti Restaurant
35a Bridge Street, Barrow upon Soar, Leicestershire, LE12 8PN
01509 621000



# Barrow Pre-School Playgroup



Barrow Pre-School Playgroup is an OFSTED registered charity playgroup.

In their recent inspection they were awarded a GOOD.

We provide learning through play for children aged 2 - 5yrs. Sessions are run at the Methodist Church Rooms, Barrow upon Soar Monday, Wednesday and Friday 9.15am to 12.15pm and Tuesday and Thursday 9.15am to 3.25pm.

For more information please contact Cathy Northcote-Smith on **07975 957242** or email **barrowplaygroup@hotmail.co.uk** 

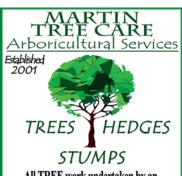
Playgroup operates a waiting list, so please be sure to get in touch with your child's details as soon as possible.

(Registered Charity No. 1051390)



T: Nicky on 07528 657859

E: info@BurtonOnTheWoldsPlaygroup.co.uk W: BurtonOnTheWoldsPlaygroup.co.uk



All TREE work undertaken by an INSURED, QUALIFIED, EXPERIENCED LOCAL tree specialist

Clean tidy service all waste removed from site

Martin: 01509 21 24 21 0r 07970 314259 email: martintreecare@btconnect.com





**Richard Sharpe** 

Window Cleaner

# Hedges are Interesting Things

Thought for summer I'd write about hedges. Interesting things hedges; it's said that you can tell the age of a hedge from the variety of trees and shrubs it contains. It's only a very approximate guide though... what you do is take a 30m length of hedge and count the species of trees and shrubs it contains. They say for each species found you can add 100 years...there again you don't know what was planted originally! It's fun to look though.

Most local hedges are hawthorn and blackthorn; these stay prickly all year round providing a safe barrier for livestock kept in the fields. Look for other shrubs and trees such as ash and oak that are left to mature, and shrubs such as elder, blackberry brambles, dog roses and even wild woodbine. These are often brought to the hedge as seeds by nesting birds that use the hedges as a safe place to rear their young. Hedges have been around since Saxon times and there may still be evidence of their ridge and furrow method of farming in unploughed meadowland.

I think the dog rose (Rosa Canina) is one of my favourite hedgerow shrubs, it usually flowers in early summer. It's pretty delicate, pink, five-petalled flowers open on long, wiry branches that ramble their way through the thorn hedges adding to the impenetrable barrier with their sharp thorns.

Later, in Autumn, the red rosehips begin to form. Inside these tough red cases are the seeds of the next generation. To allow these seeds to germinate, the hard, red casing has to be broken down. Mother Nature, being wonderfully inventive, makes the hips attractive to animals and birds so that they are eaten and naturally transported away from the parent plant. Even those hips not eaten have a chance as a good sharp frost will help to break them down and allow the seeds to germinate.

Rosehips are a useful source of vitamin C. Rosehip syrup I especially remember from my childhood as a preventive against colds and flu. There were few over-the-counter supplements in those days and blackberry vinegar, made by a friend's mum, was sent to anyone suffering winter chills - or given to us children who begged a warm drink in cold weather.

Look closely at hedgerow flowers and you'll see that the flowers of the blackberry are very similar to the dog rose... five petals around the pollenbearing stamen... then look at the hawthorn flowers, tiny by comparison,



but they are the same. They all belong to the Rosace family. The more you look at shrubs and flowers in the wild, and in the garden, the more you can spot family members, Cotoneaster and Pyracantha to name but two, and most fruit trees... it's a big family!

The rose has a very long history; they have been cultivated by the Greeks and Chinese for over 3,000 years. Possibly originating in Central Asia the rose spread all over the northern hemisphere but it seems not to be native below the equator. Amazingly fossils of roses,



similar to our dog rose, have been found dating back millions of years. Imagine that! Roses have been here in all their delicate beauty well before man walked this earth and the lovely cultivated blooms we see today all have their origins in the humble dog rose.

Maggie J

# BARROW EXPRESS

# YOUR LOCAL FRIENDLY CONVENIENCE STORE

Opening Hours: 8.00 - 10.00 Monday - Friday 9.00 - 10.00 Saturday 10.00 - 10.00 Sunday



# ALWAYS SPECIAL OFFERS ON WINE, BEER AND MILK

- \* NATIONAL LOTTERY & SCRATCH CARDS
- \* NEWSPAPERS and MAGAZINES
- \* COMPETITIVE PRICES
- \* OFF LICENCE WINES & SPIRITS
- \* GROCERIES
- \* CONFECTIONERY
- \* CHILLED & FROZEN FOOD
- \* DAIRY PRODUCTS
- \* HOUSEHOLD ITEMS
- \* PHONE TOP-UP
- \* GREETING CARDS & STATIONERY
- \* TOBACCO
- \* CREDIT & DEBIT CARDS ACCEPTED
- \* PET & BIRD FOOD

31, North Street, Barrow, LE12 8PZ Tel: 01509 414904



Hard floor cleaning

On site curtain cleaning

Rugs, including oriental and antique

All types of upholstery, especially leather

RUGS - we are CLEANING SPECIALISTS traditional Persian or Chinese, Gabbeh or Kilim, we even love Wiltons and Shaggy ones!

Stuart Simpson SENIOR MEMBER NCCA

Call Stuart for FREE ADVICE

01509 412797 07825 795558 www.theprofessionalcarpetcleaner.co.uk

# Charnwood Drawing and Painting Club

We are on the lookout for new and budding artists to strengthen our membership and inject new ideas. We are a diverse group of men and women who live in Charnwood and share a common interest in painting and drawing for pleasure.

We seek new members of all ages and abilities, from complete novices to accomplished artists. We offer an exciting and varied programme of demonstrations, painting sessions with outdoor opportunities and regular exhibitions throughout the year.

The club meets in Barrow at the Bishop Beveridge Club on the first Monday of every month at 19:00, the second Monday of every month at 12:30 and the fourth Monday of every month at 12:30. Each session lasts two hours. The club also runs a self-help group at Woodhouse Eaves (Tuesdays at 10am) in the Village Hall Extension and there are monthly demonstrations by professional artists at Woodbrook Vale High School in Loughborough.



Long-horned cow by Peter Hollis

### Want to know more?

Then call David Chaplin 01509 230366 or email dac.cdpc@gmail.com. Membership is only £25 a year.

# STREET MARKET

Sunday 9th July 2017 10:00am - 4:00pm

# **Barrow upon Soar High Street**

Come and join us for a Family Day Out! A fun packed event with stalls, refreshments and entertainment.

To book a pitch at the market contact Sallie on 07956 631683 or email: info@emme.uk.com



# TO FILE STATE OF THE PARTY OF T

# Barrow upon Soar Show

Saturday 16th September 2017

Barrow upon Soar Methodist Church

- Vegetables
- Fruit
- Flowers
- Preserves
- Baking

- Photography
- Painting
- Knitting
- Crochet
- Patchwork

Schedules available at: The Paper Shop, Barrow upon Soar Library and Feather'n'Fur Pet Shop, Babington Rd. Any queries please contact Tilly Yates on **01509 413085** 



Providing you with the most up to date techniques in cut and colour

Let one of our friendly team tailor something unique to you in our welcoming salon

# PAUL MITCHELL

MOROCCANOIL

@thehairboutiquebarrow

01509 767898





- FAST, FRIENDLY & RELIABLE SERVICE
- SERVICING & REPAIRS
- TYRES, EXHAUSTS & BATTERIES
- AIR CONDITIONING REPAIRS
- MOT
- FREE COLLECTION & DELIVERY
- COMPETITIVE PRICING
- FAMILY RUN BUSINESS
- OVER 30 YEARS EXPERIENCE

# CALL IN AND SEE US OR TELEPHONE 01509 812458 TO MAKE AN APPOINTMENT

Brookside Works, Sileby Road Barrow On Soar, Leics

PROPRIETORS: KAREN & PHIL BALMENT



# NEWBOLD CURTAINS AND BLINDS

Quality hand-made curtains, blinds and soft furnishings for your home

# Celebrating 10 years in business

We would like to thank all our customers for their support over the last 10 years and we look forward to meeting new customer in the future.



We supply and fit:-

- made to measure curtains
- roman blinds
- wooden and metal venetians
- Vertical roller blinds.



Choose from a large selection of fabrics from suppliers such as Blendworth, Voyage, Clarke & Clarke, Prestigious and more.

Call Jackie or Paul on 01509 413207 or Email us at sales@newboldcurtains.co.uk Or visit our website www.newboldcurtainsandblinds.co.uk

# Barrow Panto Group's Cinderella

A Review by Eric Ellingworth



The Barrow Panto Group is celebrating 20 years of performances and this year offered the timeless classic 'Cinderella' but with a few new twists; the hero, Prince Charming, was male and not female as is normal, the wicked step-mother was a female but her darling daughters were male, and the donkey was... who knows what! It was a case of BGT - Barrow's Got Transgenders!



The script this year was written by Despair (Richard Bailey) yet it was always entertaining, funny, even ribald in parts; the audiences were well in-tune. It is difficult enough to provide nearly two hours of entertainment but each year the panto group just seem to get it right. There was song and dance, cameo roles and a storyline embellished by great characters. Shout-outs go to Velcro and Dandini, a sort of boys-about-village duo, a psycho appeared who would have been more at home as a cross between Blakey (On the Buses) and Boycie (Only Fools), the customary ghost who is always behind you. There were audience

mumbles of 'there's somebody at the door', all brought to life by a very good sound system and band.

This critic particularly liked the 'Twelve Days of Christmas' parody sing-along which, despite toilet-rolls flying round the audience, was a platform for an Oscar-winning performance by Baron von Hardup. He imbibed Judith Rogers' homemade moonshine at the end of each verse and produced a state of inebriation not seen since Lee Marvin in the excellent 'Cat Ballou'. Bravo! Some other nice touches to the night were a half-time pre-order bar-service and, at the end, celebratory awards to long service

members of over 20 years. There was loud and deserved applause for the director Abi Crossley and her production team. You do feel tempted, after these shows, to give acting a try.

Did I miss anybody? Well, the mice, who acted years ahead of their ages (see article on page 8) the donkey, last seen on the loose in Slash Lane, and the cat who was, at the end, the best behaved Tom in Barrow. Well done everybody. I felt my senior admission ticket was very well spent - even gave up Broadchurch for this. Next up is 'The Sound of Mu...rder'. Mein Gott - nuns and nasties!

**Eric Ellingworth** 



Looking for a family-friendly dentist?

We are welcoming new private patients. Call us on **01509 413965** to book an appointment.

NHS child places available

soar valley

46 High Street, Barrow-upon-Soar Leicestershire LE12 8PY T: 01509 413965 E: info@soarvalleydental.com www.soarvalleydental.com



# G GAMBLE SONS

Proprietor J G Maltby (Quorn)

- Family Owned
- Private Chapels of Rest
- New Memorials Supplied
   & Additional Inscriptions
- Golden Charter Pre-Paid Funeral Plans
- Religious & Non-Religious Services

01509 415 415

24hr service

101a Meeting Street, Quorn LE12 8AQ {entrance on Spinney Drive}



**Local Independent Funeral Directors** 

# Wallis Video Services

Functions
Stage shows

Tel: 01509 413384 Mob: 0797 3192505

www.wallisvideo.co.uk wallisvideo@btinternet.com



# Parish Council Walks Programme:

Stanford Hall - Walk and talk on June 21st

This year's Parish Walks programme sees some departures from the usual. One involves a tour of the wildlife areas of British Gypsum including the flower meadow, pond, marvellous flower banks along the road into the site and a newly constructed sand cliff for sand martins. We will be reporting that in the autumn.

Another walk will be in time for readers of Barrow Voice to join on Wednesday 21st June. We are going to meet the Project Director of the Defence and National Rehabilitation Centre (DNRC) at Stanford Hall and hear him talk about the history and aspirations involved in building a "21st century facility which could readily take account of the advances in technology and clinical research that promise to dramatically alter the nature of rehabilitation medicine." So Stanford Hall is the site which will provide state of the art medical and social rehabilitation for injured men and women of the armed services but also for people not from the armed services.



I have overheard lots of Barrow residents enquiring about the mighty cranes and obvious major building works that are so obvious from Cotes Road. I get a night-time view from my kitchen window of a vast illuminated beacon. Soon we will find out all about it.

We will meet in the Three Crowns car park at 2:40, sort out car transport to Stanford Hall then meet the Director at 3:00. Following the talk we will do a circular walk of about three miles along the valley of the King's Brook, up towards Hoton and then along Hoton Hills ridge with excellent views of Stanford Hall and the building works before dropping down and returning to our cars in the Stanford Hall car park. The walk is not difficult and is open to anyone. Just turn up at the Three Crowns car park.

Any enquiries to the Parish Office on 416016

# Barrow-Upon-Soar Open Gardens 2017

On Saturday 24th and Sunday 25th June 2017 you can discover the hidden world of gardens and growing in this much-visited open garden weekend. As we prepare for another Barrow Open Gardens (BOG) in aid of Rainbows Children's Hospice who knows what will be in store? Will there be more builders-yard planting and wacky patches to intrigue and inspire?

We can guarantee immaculate and classic village gardens, quirky havens and much loved vegetable plots. With such a wide variety on show, every garden in our village has a story to tell. Visitors old and new can be sure of a very warm welcome and a great selection of refreshments sold in the lovely surroundings of the open gardens themselves; proceeds go to Rainbows - what better excuse for cake! Pre-purchase tickets are stocked by our community-minded village shops: Taylors Florist, The Paper Shop, Barrow Express (next to the library) or Feather 'n' Fur. Alternatively buy on the day from any garden with the Open Garden sign from

11:00am to 5:00pm to purchase your weekend ticket. For £4.00 you get a two-day programme that acts as a Garden Passport allowing you to view gardens at any point during the open weekend. Even better, accompanied under 14s are free and there's a new children's quiz for our younger visitors.

Venues for plant sales, refreshments and additional parking will be indicated on the larger, clearer programme map also available online on our Facebook page (Barrow upon Soar Open Gardens) or the Barrow Upon Soar Village Website / gardening / open gardens

**Kate Pickering** 



# ROY GREEN CHARTERED SURVEYORS

LETTING & ESTATE AGENTS

Whether you are selling or letting call **01509 274474** for your *no obligation* Market Appraisal and Valuation.

SALES · LETTINGS · LAND · AUCTIONS · SURVEYS

0116 235 3009

www.rovgreen.co.uk



# We will make your property stand out from the crowd!! Every listing will have the following all included within our sales fee:



### RIGHTMOVE PREMIUM LISTING

Larger text, three photos, Larger listing box, Choice of multiple photos that rotate.



### **FLOORPLAN**

Being able to boast the size and layout of your property for potential purchasers.



### EPC's

Why pay for these? Let us show our intention by providing this.



## **ACCOMPANIED VIEWINGS**

Your paying US to sell your home and not just stick a board outside.



# NOW OPENING MONDAY TO SUNDAY - ANSTEY BRANCH

Most people use the weekend to view or book viewings.



# ADVERTISED IN OUR MULITPLE SHOWROOMS



Comparing this level of service you also won't be disappointed to hear all you will need to pay.....

••• 75% plusVAT

Landlords, whether you want a 'Tenant Find', 'Let Only' or 'Full Management' service for your residential property, you need to speak to Roy Green Letting Agents.



# **PROFESSIONALLY QUALIFIED**

There are many benefits for using members of the Royal Institution of Chartered Surveyors, not least the Clients Money Protection Scheme.



### RIGHTMOVE PREMIUM LISTING

According to Rightmove, on average their Premium Listings attract 34% more views and 21% more Listings attract 34% more views and 21% more enquiries than standard listings.



### **FLOORPLAN**

All properties advertised with a floor plan, no additional charges.



### **COMPETITIVE FEES**

We do not charge "Set Up", "Tenant Find" or "Renewal" fees under our Full Management Service. We don't add a "service charge" to contractor/third party invoices, you get charged what the contractor charges us.



**WINDOW CARDS** displayed in our Multiple Showrooms.

Full Management fees from **8%** plus VAT • No 'Set Up', 'Tenant Find' or 'Renewal' fees

# Lawn Bowling - for Barrow Residents



As a resident of Barrow I am overwhelmed and encouraged by the range of activities both social and sporting in the village. However as a lawn green bowler I am enjoying the sport at Quorn Mills Park Bowls Club, the nearest green to the village, as Barrow does not have a bowling green. As development officer for the Club, I would like invite the residents of Barrow to visit the club to appreciate the facilities and meet our friendly/sociable members.

Any form of exercise is good for your health and as this sport does not involve periods of prolonged and intense activity it can be played by all: young and old, men and women, fit and unfit – it's probably one of the most inclusive sports out there. Lawn bowls is a game of concentration, precision, and accuracy and involves rolling a biased bowl as close as possible to a smaller white ball called the jack. It has been a popular sport in the UK for centuries and there are thousands of bowls clubs up and down the country.

Quorn Mills Park Bowls Club offers bowling at a level suitable for all. Every Friday night there is social bowling in a relaxed and friendly atmosphere - there is even a hot-dog afterwards! Most new members come to try it first on a Friday, to see how they get on and may just wish to stay at a 'Social' level. Some wish to progress to playing in friendly matches, against other clubs, and the more competitive progress to playing in league matches.

During the winter when the official bowling session has ended the club offers indoor short-mat bowling and social events during the colder months. So whether you are under ten years old or over 80 our club has something to offer. There is no better experience than seeing some of our members playing bowls with their grandchildren in club matches or seeing one of our juniors, who has never shown any enthusiasm for school sport, getting a call from the County Junior Section.

Where is the club you may ask? I believe it to be one of the best kept secrets around! The bowls club is next to the Quorndon Fox pub on the A6 in Quorn. The club house, which is visible from the road, looks like a thatched cottage. There is free off-road parking in the club's ground and a licensed bar.

Come down on Friday, bring some flat shoes and we will provide everything else to give you a great night's entertainment, a bit of exercise and you may even take the sport up on a regular basis.

# **David Walters**

Development Officer Quorn Mills Park Bowling Club

www.quornbowling.co.uk







We're so confident in our product that we offer up-to a 12 year warranty and a no quibble, money-back guarantee on all installations within a 30 mile radius of our premises in Daventry and Loughborough.

Call today for a FREE no obligation quotation.

Daventry: 01327 706885 or Loughborough: 01509 416267

Visit our Showroom (see website for opening times):

Unit C5 Cumberland Trading Estate, Loughborough LE11 5DE

Alternativetonetcurtains.co.uk

part of the Smashgard Group of Companies



# Finest Fresh Grimsby Fish & Shellfish



Find our van in the Three Crowns Car Park 4:00-5:30pm every Monday

Neil Taylor - Fishmonger To pre-order call 07523 974 714

# ADVERTISE IN THE NEXT EDITION!

Dimensions(mm)	B&W	Colour
202 x 287	£180	£200
202 x 142.4	£108	£120
100 x 142.4	£65	£72
100 x 69.7	£40	£44
48.5 x 69.7	£25	£27
	202 x 287 202 x 142.4 100 x 142.4 100 x 69.7	202 x 287 £180 202 x 142.4 £108 100 x 142.4 £65 100 x 69.7 £40

All enquiries should be made through: Judith Rodgers - 07718 153117 or advertising@barrowvoice.co.uk

IN EACH

- The Latest Village News
- Business News
- Featured Articles
- The Latest Community Events
- Sports News
- Diary of Forthcoming Events

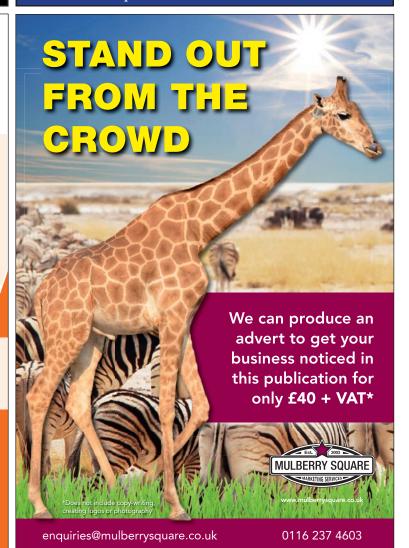




Barrow Voice is published by Barrow upon Soar Community Association (BUSCA).

Opinions expressed are not necessarily endorsed by the editorial committee or the Community Associations.

BUSCA is a registered Charity No: 1156170





# Barrow Runners - Couch to 5K

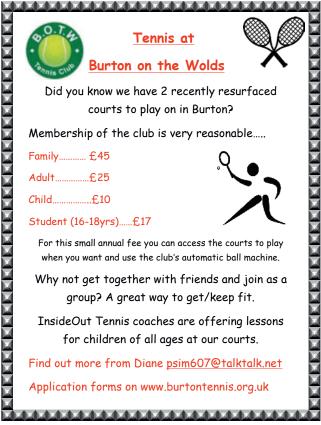
Running is increasing in popularity and as a well-established running club Barrow Runners felt that it would be good to encourage absolute beginners in the area to get into running, and hopefully, attract new members to the main group as their confidence grew.

The biggest challenge a beginner to running will face is not knowing how or where to start which is why the 'Couch to 5K' plan helps. 5K is a distance that can be achieved after a few weeks, and we initially set up a 12 week plan in October 2016 with a mix of running and walking to gradually build up fitness and stamina. With encouragement from our team of trained coaches and experienced runners we created realistic expectations and made the challenge feel achievable. You may have seen the group running around the village of Barrow upon Soar.

As the initial plan was so successful, we decided to carry on into the New Year with the initial group, who were by then more advanced runners. Some of this group had done local 5K Parkruns. The scheme attracted further new runners into a second 'Couch to 5K' plan and this has since been extended until July due to popular demand.

### Sue Zurawliw







### www.barrowvoice.co.uk

Barrow upon Soar Community Association (BUSCA). Opinions endorsed by the editorial

### Editor

### **Distribution**

### Subscriptions

### Features

Val Gillings Lindsay Ord

### Photography

### **Advertising Artwork**

Michael Webster

## Website

John Nurse

# Design, Artwork & Print

**Mulberry Square Marketing** Services - 0116 237 4603

### **Advertising Deadline**

24th July 2017

### **Copy Deadline**

31st July 2017

### Copy to:

The Editor 55 Thirlmere Road Barrow upon Soar Leics LE12 8QQ

# BARROW UPON SOAR COMMUNITY ASSOCIATION Registered Charity No. 1156170

### Village Diary

	Village Dially
Wed 14th	Adult crafts in the library: theme is "Open Gardens"; 13.00 - 15.00; everyone welcome WI: "Clay" a light-hearted talk; 19.30; Function Room, Barrow Conservative Club
Fri 16th Sat 17th	Bishop Beveridge Club Friday Lunch Saturday Stories in the library; 10.30 Clock Club rummage sale in aid of Toddler group; 10.00 - 11.30 in Bishop Beveridge Club
Mon 19th Wed 21st	Bishop Beveridge Club Film: "La La Land" ; 14.00; Bishop Beveridge Hall Knit and Natter, Methodist Church; 14.00 - 16.00
Fri 23rd Sat 24th	Rhyme Time in the library; 10.30 Saturday Stories in the library; 10.30 OPEN GARDENS supporting Rainbows Hospice; 11.00 - 17.00 Hall Orchard PTFA Summer Fayre; 12.00 - 15.00
Sun 26th Fri 30th	Open Gardens; 11.00 - 17.00 Games afternoon in the library; 14.00 - 16.00
Sat 1st	Saturday Stories in the library; 10.30 Methodist Church Minimarket; 10.00 - 11.00; all welcome Crochet Club at Methodist Hall; 11.00 - 13.00. All welcome
Mon 3rd Tues 4th	New Horizons; Methodist Coffee lounge; 14.00; all welcome Parish Council meeting; PC office; 19.00; everyone welcome; public participation at approx 19.00
Wed 5th	Mothers' Union
Fri 7th Sat 8th	Rhyme Time in the library; 10.30 Saturday Stories in the library; 10.30
	Library 2nd Birthday party; 10.00
Sun 9th Wed 12th	Summer Street Market; 10.00 - 16.00 Barrow WI: "Rosie makes Jam". Rosemary Jameson; 19.30; Function Room, Barrow Conservative Club
Sat 15th	Clock Club rummage sale; 10 - 11.30; Bishop Beveridge Club
Mon 17th	Bishop Beveridge Club film: "A United Kingdom"; 14.00 in Bish Bev hall
Wed 19th	Bishop Beveridge Club day trip to Skegness: contact Wendy 413212 Knit and Natter, Methodist Church; 14.00 - 16.00
Fri 21st	Rhyme Time in the library; 10.30
Sat 22nd	Saturday Stories in the library; 10.30
Mon 24th Fri 28th	Bishop Beveridge Club Bingo; 14.30; Val 413227 Games afternoon in the library; 14.00 - 16.00
Tues 1st	
Wed 2nd	Parish Council meeting; PC office; 19.00; everyone welcome; public participation at approx 19.00 Mothers' Union
Sat 5th	Methodist Church Minimarket; 10.00 - 11.00; all welcome
Man 74h	Crochet Club at Methodist Hall; 11.00 - 13.00. All welcome
Mon 7th	BOSCAPS: 7th - 11th August Humphrey Perkins; 9.30 - 12.30.Visit www.boscaps.co.uk to see all details New Horizons; Methodist Coffee lounge; 14.00; all welcome
Wed 9th	Craft Afternoon; Methodist Hall;14.00-16.00; Water-colour painting and other crafts. All welcome WI: "Hypnotherapy" by Penny Harris; 19.30; Function Room, Barrow Conservative Club
Sat 12th Mon 14th	Saturday Stories in the library; 10.30 Holiday at Home: 12.30 lunch; 14.00: Loughborough Male Voice Choir; Baptist Church; booking helpfu
Tues 15th	Holiday at Home: 14.30 Film (tba); 16.00 afternoon tea; Baptist Church
Wed 16th	Knit and Natter, Methodist Church; 14.00 - 16.00
Thurs 17th	Holiday at Home: 12.30 Fish and Chips followed by activities/entertainment; Baptist Church.  Booking essential
Fri 18th	Rhyme Time in the library; 10.30 Bishop Beveridge Club day trip to Southport or Southport Flower Show; contact Wendy 413212
Sat 19th	Clock Club Rummage Sale; 10 - 11.30 at Bishop Beveridge Club
Sun 20th	Holiday at Home: 12.30 lunch; 13.30 Service; 14.30 Refreshments; Baptist Church
Fri 25th	Games afternoon in the library; 14.00 - 16.00
Sat 26th Mon 28th	Saturday Stories in the library; 10.30 Bishop Beveridge Club film: Lion; 14.00 in Bishop Beveridge hall
Fri 1st	Rhyme Time in the library; 10.30
Cat Oud	Maria III Charles Maria II and Oo and Oo III alaan

Fri 1st	Rhyme Time in the library; 10.30
Sat 2nd	Methodist Church Minimarket; 10.
	Saturday Stories in the library; 10

Mon 4th

Crochet Club at Methodist Hall; 14.00 - 16.00. All welcome
New Horizons; Methodist Coffee lounge; 14.00; all welcome
Parish Council meeting; PC office; 19.15; everyone welcome; public participation at approx 19.30 Tues 5th Wed 6th Fri 8th Baptist Luncheon Club

Wed 13th Barrow WI "English wine, with tasting" by Liz Robson; 19.30; Function Room, Barrow Conservative Club Bishop Beveridge Club day trip to Hardwick Hall (National Trust); contact Wendy 413212
Barrow Show; Methodist Church; flowers, fruit and vegetables show, craft; enquiries from 413085
Clock Club Rummage Sale in aid of Toddler Group; 10 - 11.30 at Bishop Beveridge Club
Gardening Club "Ancient Woodland" - Gerald Price; The GAP-behind Baptist Church; 19.30 Sat 16th

Wed 20th

Knit and Natter, Methodist Church; 14.00 - 16.00

Sat 23rd

## The Sound of Mu...rder

A murder mystery performed by Barrow Panto Group 6th October

# **Autumn Mist Dance**

with Martyn Whitlam 7th October

# Robin and the Sherwood Hoodies

by Barrow Youth Theatre 17th & 18th November